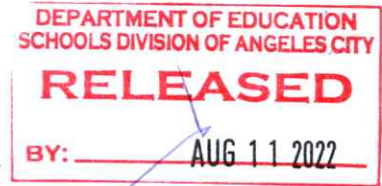




Republic of the Philippines
Department of Education
Region III
SCHOOLS DIVISION OF ANGELES CITY



August 11, 2022

DIVISION MEMORANDUM

No. 297, s. 2022

**DIVISION SEMINAR-WORKSHOP ON WORK-LIFE BALANCE FOR RETIRABLE TEACHING
AND NON-TEACHING PERSONNEL**

To: Assistant Schools Division Superintendent
Chief Education Supervisor, School Governance and Operations Division
OIC-Chief Education Supervisor, Curriculum Implementation Division
Unit Heads
School Heads of Public Elementary and Secondary Schools

1. The Schools Division of Angeles City through the Human Resource Development Unit, will conduct a Division Seminar-Workshop on Work-Life Balance for Retirable Teaching and Non-Teaching Personnel on August 18, 2022, 8:00 a.m. – 5:00 p.m. via MS Teams, and on August 19, 2022, 8:00 a.m. – 5:00 p.m. at Prime City Resort Hotel at Josefa Valdez St., Malabánias, Angeles City.
2. The objectives of the training are as follows:
 - a. to promote the benefits of healthy living;
 - b. to promote awareness on work-life balance, and;
 - c. to provide learning opportunities for livelihood program after retirement.
3. Participants to this activity are the retirable teaching and non-teaching personnel aged 59 years old and above. Link of the virtual activity will be sent to the school heads and unit heads.
4. Attached are the list of participants and matrix of the activity.
6. Immediate and wide dissemination of this Memorandum is earnestly desired.


MA. IRELYN P. TAMAYO PhD, CESO V
Schools Division Superintendent *ch*



Address: Jesus Street, Pulungbulu, Angeles City
Telephone No. (045) 322-4101





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List Of Participants

	School	Name
1	Angeles City National High School	Madilyn D. Tuazon
2	Angeles City National High School	Emily S. Dizon
3	Angeles City National High School	Evangeline B. Navarro
4	Angeles City National High School	Milagros G. Rivera
5	Angeles City National High School	Elisa B. Chua
6	Angeles City National High School	Renato B. Anloague
7	Angeles City National High School	Gina Louise C. Mago
8	Angeles City National Trade School	Precila A. Suarez
9	Angeles City National Trade School	Arturo G. Calma
10	Angeles City National Trade School	Milagros G. Almeida
11	Angeles City National Trade School	Dominga A. Rivera
12	Angeles City National Trade School	Aureo D. Baking
13	Angeles City National Trade School	Miriam P. Benito
14	Angeles Elem. School	Arsendi R. Lising
15	Angeles Elem. School	Maria Rodina D. Carlos
16	Angeles Elem. School	Loida C. Yumang
17	Bonifacio V. Romero High School	Agnes P. Adizas
18	Bonifacio V. Romero High School	Bernadeth C. Embuscado
19	Bonifacio V. Romero High School	Jovita C. Catacutan
20	Bonifacio V. Romero High School	Elvira R. Manio
21	Bonifacio V. Romero High School	Loida C. Del Mundo
22	E. Sandico Elem. School	Arcelita M. Catahan
23	EPZA Resettlement Elem. School	Clarissa B. Ortiz
24	Francisco G. Nepomuceno Memorial High School	Llanette D. Alvarado
25	Francisco G. Nepomuceno Memorial High School	Amelia Gutierrez
26	Francisco G. Nepomuceno Memorial High School	Ireneo T. Del Rosario
27	Gueco Balibago Elem. School	Florencia C. Cabusao
28	Gueco Balibago Elem. School	Elisa D. Manahan
29	Gueco Balibago Elem. School	Rosalina C. Reyes
30	Lourdes Northwest Elem. School	Claudette V. De Guzman
31	Lourdes Northwest Elem. School	Milagros T. Nicdao
32	Malabantias Integrated School	Estrelita V. Quiambao
33	Malabantias Integrated School	Lorna P. Miguel
34	Malabantias Integrated School	Teresita C. Gerqillo
35	Malabantias Integrated School	Susana P. Aguilar
36	Marisol Bliss Elem. School	Merlinda V. Soriano
37	Marisol Bliss Elem. School	Cecille A. Roque



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38	Marisol Bliss Elem. School	Gloria C. Gaspar
39	Marisol Bliss Elem. School	Lourdes D. Vasquez
40	Northville 15 Integrated School	Marie Grace L. Cunanan
41	Pulung Cacutud Elem. School	Lorely C. Arce
42	Pulungbulu Elem. School	Sharon G. Balala
43	Pulungbulu Elem. School	Gloria D. Lacsina
44	Rafael L. Lazatin Memorial High School	Liliosa C. Pamintuan
45	Salapungan Elem. School	Marites F. Tan
46	Salapungan Elem. School	Corazon N. Tanhueco
47	Sapalibutad Elem. School	Ruth Aida S. Tiglaio
48	Sapang Bato National High School	Milagros F. Garcia
49	Sta. Teresita Elem. School	Noreen C. Macasio
50	Sto. Domingo Integrated School	Lilibeth L. Italia
51	T.P. Tinio Elem. School	Nestor E. Maghuyop
52	Curriculum Implementation Division	Rita P. Bundalian
53	Curriculum Implementation Division	Emily F. Sarmiento
54	Curriculum Implementation Division	Cezar M. Hernandez
55	School Governance and Operations Division	Donna Mae A. Batul
56	OSDS - Admin. Office	Armando David Jr.
57	OSDS - Admin. Office	Perlito D. Salon

TRAINING MATRIX

Day and Time	Topic	Resource Speaker/Facilitator
Day 1: August 18, 2022		
8:00 a.m. – 12:00 nn.	Gabay sa Kalusugan	Donna Mae A. Batul, M.D.
12:00 nn. – 1:00 p.m.	Lunch Break	
1:00 p.m. – 5:00 p.m.	Work-Life Balance	Dr. Edmond Maniago
Day 2: August 19, 2022		
8:00 a.m. – 12:00 nn.	Lecture on Milk Tea Making	JCI Kuliati Angeles
12:00 nn. – 1:00 p.m.	Lunch Break	
1:00 p.m. – 5:00 p.m.	Workshop on Milk Tea Making	JCI Kuliati Angeles



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