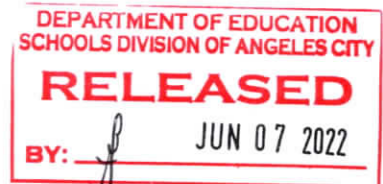




Republic of the Philippines
Department of Education
REGION III
SCHOOLS DIVISION OF ANGELES CITY



June 7, 2022

DIVISION MEMORANDUM

No. 219, s. 2022

VIRTUAL GALAW PILIPINAS, GALAW ANGELEÑO CONTEST

To: Assistant Schools Division Superintendent
Chief, SGOD
OIC-Chief, CID
Heads Public Elementary and Secondary Schools

1. The Schools Division of Angeles City, through the efforts of the Education Program Supervisor in SGOD, and in cooperation with the Division MAPEH Coordinators, will conduct a **"Virtual Galaw Pilipinas, Galaw Angeleño Contest"** on June 29, 2022, from 8:00 a.m. to 12:00 n.n.
2. This activity aims:
 - a. to promote an active lifestyle for our learners and teachers that will benefit both their physical and socio-emotional well-being;
 - b. to improve strength, flexibility, cardio-vascular endurance, coordination, and balance;
 - c. to enhance cultural awareness by integrating Philippine cultures in the calisthenics exercises;
 - d. to inculcate nationalism, unity, and discipline; and
 - e. to produce a promotional video of the Division of Angeles City Wellness Program.
3. The contest is open to all learners, teaching and non-teaching personnel of all public elementary and secondary schools in the Schools Division of Angeles City.
4. Enclosed is the contest rules/mechanics and criteria for judging, committees, and calendar of activities.
5. Wide dissemination of and strict compliance to the contents of this Memorandum is highly enjoined.

[Signature]
MA. IRELYN P. TAMAYO PhD, CESO V *[Initials]*
Schools Division Superintendent

CA 2022-192

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Republic of the Philippines
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Enclosure No. 1 to Division Memorandum No. 219, s. 2022

CONTEST RULES/MECHANICS

1. The participants must read **DepEd Order No. 60, s. 2021** (Guidelines on Galaw Filipinas: The DepEd National Calisthenics Exercise Program.)
https://www.deped.gov.ph/wp-content/uploads/2022/01/DO_s2021_060.pdf
2. The competition is **open to all learners, and teaching and non-teaching personnel of all elementary and secondary schools** the Schools Division of Angeles City. There will be (3) categories, and these are the following:

CATEGORIES	A	B	C
COMPOSITIONS	K-3=15 + 4-6=15 30 Learners 1-Coach	JHS=15 + SHS=15 30 Learners 1-Coach or SHS – 30 (for SHS Stand Alone) 1-Coach	30 Teaching and Non- Teaching Personnel 1-Coach

3. All participants must be **fully vaccinated** and submit acceptable **proof of vaccination**.
4. Dancers must follow the IATF protocols.
 - a. proper distance of participants is at least **1-2 meters**,
 - b. **wearing of facemask** is required during video presentation.
5. The entry video will be in **landscape frame**, with one (1) **stationary camera set up** (no zooming, no video mixing, must be fixed)
6. Participants need to observe the space they're moving that requires and **not being out of the frame**.
7. Participant must wear their respective school PE Uniform or any **appropriate /comfortable attire** such as jogging pants, t-shirts, and rubber shoes.
8. Virtual background, video effects, and props and equipment are **prohibited**.
9. Participants will perform the **Galaw Pilipinas Calisthenics Exercise** with clear music and video recording. <https://youtu.be/hmJQbCYEzFg> Strictly follow the original steps and movements. There will be **no entrance and exit music** in the presentation.
10. All video entries must be submitted on or before **June 24, 2022**.
11. In case of tie, judges will decide and whatever decision made will be final and irrevocable.
12. There will be **one winner** for each Category (Categories A & B), **except in Category C (Teacher's and Non-Teacher's Category)**, there will be 1st, 2nd, and 3rd Placer.
13. A **point deduction** will be made for those who will violate the rules and mechanics.
14. The event will be held on **June 29, 2022** via FB Livestream / place to be announce later.

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CRITERIA FOR JUDGING

Criteria	Components	Percentage
Performance	Projection, Execution, Precision, Synchronization	40%
Choreography	Composition, Creativity, Arrangement, Space Formation, Style	30%
Costume	Appropriateness of Attire	10%
Over-All Impact	Staging, Showmanship	20%
Total		100%

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Enclosure No. 2 to Division Memorandum No. 219, s. 2022

COMMITTEES

COMMITTEES	NAME	UNIT/SCHOOL
Overall Coordinator	Division MAPEH Coordinators WALTER C. ESTABILLO EdD PSDS/Division SPED Focal Person/ Div. MAPEH Coordinator REYNALDO C. CABRERA EPS, Kindergarten/ALS/Div. MAPEH Coordinator	CID
Assistant Coordinator	PERCIVAL Y. CAPITULO PhD EPS, SGOD/ Division Sports Officer	SGOD
Documentation Elementary- JHS -SHS - Teaching & Non-Teaching -		
Contest Proper	Division MAPEH Coordinators Division Sports Officer, and the TWG	CID, SGOD, and TWG
Monitoring of Participants	Division MAPEH Coordinators & EPS-SGOD	CID & SGOD
Technical Working Group during Program, Awards, Certificate, etc.	TWGs & EPS, Division Sports Officer	Jeannieffer R. David Ma Belina Mercado Anna Minette Ayuyao Artemio S. Lagazon Laurence V. Manalo Runor E. Dayao Catherine Fernandez Jhelene S. Tiatco Arvin M. Paras



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Enclosure No. 3 to Division Memorandum No. 217, s. 2022

CALENDAR OF ACTIVITIES

Date	Activity	Focal Person	Remarks
May 30, 2022	Planning of Activities	TWG	
June 2, 2022	Submitting project proposal	Division MAPEH Coordinators & EPS, SGOD	
June, 2022	Approval of Project Proposal	SDS, ASDS, CID & SGOD Chief	
June 24, 2022	Consolidation of Entry	TWGs, Division MAPEH Coordinators & EPS, SGOD	
June 29, 2022	Virtual Awarding Ceremony	TWGs, Division MAPEH Coordinators & EPS, SGOD	
June 30, 2022	Evaluation	TWGs, Division MAPEH Coordinators & EPS, SGOD	

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