



Republic of the Philippines  
**Department of Education**  
Region III  
Schools Division of Angeles City



**Office of the Schools Division  
Superintendent**

December 3, 2021

**DIVISION MEMORANDUM**

No. 403, s. 2021

**WEBINAR ON SPIRITUAL WELLNESS FOR RETIRABLE TEACHING  
AND NON-TEACHING PERSONNEL**

To: Assistant Schools Division Superintendent  
OIC-Chief Education Supervisor - CID  
Chief Education Supervisor - SGOD  
Unit Heads  
School Heads of Public Elementary and Secondary Schools

1. The Schools Division Office of Angeles City, through the Human Resource Development Unit, will conduct a Webinar on Spiritual Wellness for Retirable Teaching and Non-Teaching Personnel on December 9, 2021, 9:00 a.m – 12:00 n.n. via MS Teams.
2. The objectives of the webinar are as follows:
  - a. provide the participants a moment of prayer and reflection;
  - b. provide a moment to unwind from everyday life and its related stress, and;
  - c. promote awareness on spiritual wellness and its importance.
3. The participants are all retriabele teaching and non-teaching personnel aged 55 years old and above. Link of the platform will be sent to the school heads and unit heads.
4. Wide and immediate dissemination of the contents of this Memorandum is earnestly desired.

**MA. IRELYN P. TAMAYO PhD, CESE**  
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Officer-in-Charge  
Office of the Schools Division Superintendent *eh*



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