



Republic of the Philippines
Department of Education
Region III
Schools Division of Angeles City

RELEASED

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By [Signature]
DepED Angeles City
Division of City Schools

November 22, 2019

DIVISION MEMORANDUM

No. **473** s. 2019

DIVISION REFRESHER COURSE IN SPORTS COACHING (Phase 2)

To: School Principals and Administrators of Public and Private Elementary, Junior and Senior High Schools

1. Pursuant to the Division Memorandum No. 413, s. 2019 entitled "Division Refresher Course in Sports Coaching and Technical Officiating", Phase 1-Technical Officiating was conducted on November 6-8, 2019, and **Phase 2-Sports Coaching will be conducted on December 4-6, 2019 from 8:00 A.M. to 5:00 P.M. at Sta. Teresita Elementary School** in preparation for the 2019 CLRAAA.

2. The Central Luzon Regional Athletic (CLRAA) Meet is an annual sports activity of the region in which different divisions are participating including the Division of Angeles City. Thus, all the winning coaches in the 2019 ACAAA need to be trained and re-trained to arm them with the required knowledge, skills and attitude in order to help their athletes perform better and build more self-confidence to go for a win and play fairly and squarely during their participation in the said regional meet.

3. Participants will be the **WINNING COACHES in the 2019 ACAAA**.

4. The following are the select teachers who will serve as **resource speakers and demonstration teachers** with expertise in their respective events:

1. Noli Miranda	Angeles City National HS	ARCHERY
2. Mervin M. Sula	Gov. Rafael L. Lazatin IS	ARNIS
3. Dianne L. Sula	Bonifacio V. Romer HS	ARNIS
4. Anthony T. Galang	Sta. Teresita ES	ATHLETICS
5. Ryan M. Yamzon	M. Nepo ES	ATHLETICS
6. Agnes P. Adizas	Bonifacio V. Romer HS	BADMINTON
7. Gil Diamse	Cutud ES	BADMINTON
8. Artemio S. Lagaon	Angeles City National Trade School	BASKETBALL
9. Don Al De Dios	Angeles City Sr HS	BASKETBALL
10. Clarenz Bautista	Sapang Bato National HS	BASKETBALL
11. Jeremiah Aquino	Gov. Rafael L. Lazatin IS	BASKETBALL
12. Irene Omangay	Dr. Clemente Dayrit Sr Memorial HS	CHESS
13. Dennis Lagbao	Francisco G. Nepo Muceno HS	DANCE SPORT
14. Vanessa Dizon	Francisco G. Nepo Muceno HS	DANCE SPORT
15. Charlene Fernandez	North Ville 15 IS	DANCE SPORT



Address: Jesus Street, Pulungbulu, Angeles City
Telephone No. (045) 322-4101





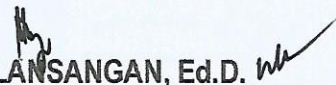
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16. Noli Manalo	North Ville 15 IS	DANCE SPORT
17. Arvin S. Gonzales	Malabanias IS	FOOTBALL
18. Agustin Dale D. Torres	Amsic IS	FUTSAL
19. Benjie Cupidos	Angeles City National Trade School	SEPAK TAKRAW
20. Wilson M. Pugado	Sto. Rosario ES	SEPAK TAKRAW
21. Leizel G. Sahibil	Rafael L. Lazatin Memorial HS	SWIMMING
22. John Mark M. Ocampo	Bonifacio V. Romero HS	SWIMMING
23. Ricardo A. Carbungco	Bonifacio V. Romero HS	TABLE TENNIS
24. Francis Dayrit	Northville 15 IS	TABLE TENNIS
25. Arnold Arceo	Angeles City National HS	TAEKWONDO
26. Ermin Janoras	Phil. Taekwondo Association	TAEKWONDO
27. Jeffrey S. Baquig	Mariso Bliss ES	TENNIS
28. Mary Jane S. Baquing	Jose P. Dizon ES	TENNIS
29. Mary Anne Addun	Angeles City National HS	VOLLEYBALL
30. Minerva Magtanong	Sto. Domingo IS	VOLLEYBALL
31. Jennifer Catulong	Angeles City National HS	VOLLEYBALL
32. Mhon C. Galang	Sapang Bato ES	DOCUMENTER
33. Ivan Rodel Wong	Pineda Gutierrez ES	DOCUMENTER
34. Marilou Castro	SGOD	FACILITATOR
35. Clarisa Lagman	PDO Youth	Member TWG
36. Melanie Salunga	PDO Youth	Member TWG
37. Edgar L. Manabat	EPS, SGOD	SUPERVISOR

5. All school principals and administrators are encouraged to extend their full support to the said training and to their teachers who have been selected as participants, resource speakers and demonstration teachers.

6. Similarly, all teachers involved in this training should prepare a self-learning module for their students which consists of lessons, activities and exercises to compensate the lost number of school days and should make necessary arrangements with their school principals to ensure compliance with the DepEd Order No. 9, s. 2005, entitled "Instituting Measures to Increase Engaged Time on Task and Ensuring Compliance Therewith" and strict compliance with 180 days Teaching and Learning Guidelines.

7. Immediate dissemination of the contents of this memorandum is desired.


LYN V. LANSANGAN, Ed.D.
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