

Region III DIVISION OF ANGELES CITY Jesus Street, Pulungbulu, Angeles City

13 ZUIB

Tel. No.(045) 322-5722; 322-4702/Fax Nos. (045)887-6099 email address: angeles.city@deped.gov.ph

July 12, 218

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SEARCH FOR BEST PERFORMING BARANGAY AND SCHOOL DISASTER RISK · REDUCTION AND MANAGEMENT COMMITTEE AND THE SCHOOL FIRST AID OLYMPICS 2018

To: Heads of Public Elementary and Secondary Schools

- 1. The Local Disaster Risk Reduction and Management Council (LDRRMO), through the City Disaster Risk Reduction and Management Office (CDRRMO), is launching a search among our barangays and public schools for the 1.) Gawad Parangal sa mga Listo at Handang Barangay at Paaralan Search for Best Performing Barangay and School Disaster Risk Reduction and Management Committee and the 2.) School First Aid Olympics 2018.
- 2. The search and Olympics will start from July to December 2018. All interested schools are required to send a letter of intent to participate in the activities to Mr. Francis G. Pangilinan, Head, LDRRMO.
- 3. Attached are the contest mechanics and a letter from Mr. Francis G. Pangilinan, Head, LDRRMO, for reference.
- 4. Wide dissemination of this Memorandum is desired.

LEILANI S. CUNANAN, CESO VI Schools Division Superintendent

lynvlansangan/chiefsgod





July 5, 2018

LEILANI S. CUNANAN City Superintendent, DepED This City



Mam,

Our Local Disaster Risk Reduction and Management Council, thru the City Disaster Risk Reduction and Management Office, is launching a search contest among our barangays and public schools dubbed as (1) Gawad Parangal sa mga Listo at Handang Barangay at Paaralan — Search for Best Performing Barangay and School Disaster Risk Reduction and Management Committee and the (2) School First Aid Olympics this 2018.

The Search and Olympics will start from July 2018 to December 2018. All interested barangays and schools are required to send the undersigned a Letter of Intent to Participate to signify their commitment and participation in this important project of our Local Disaster Risk Reduction and Management Council headed by our City Mayor.

In view of this, may I request your kind assistance to disseminate this project to our public schools. Please see attached Mechanics of the Search & Olympics. Should you have some queries about the Search, please feel free to reach us through 09153001862 or through the mobile number of Mr. Glenly O. Monje, CDRRMO Admin & Training Officer, at 09778146028.

Deadline of submission of the Letters of Intent to Participate will be on July 23, 2018.

Thank you.

Truly yours,

PRANCIS G. PANGILINAN Head, LDRRMO

Noted by:

LEONARDO KIRK I. GALANZA Secretary to the Mayor





GAWAD PARANGAL SA LISTO AT HANDANG BARANGAY AT PAARALAN: SEARCH FOR BEST PERFORMING BARANGAY & SCHOOL DISASTER RISK REDUCTION AND MANAGEMENT COMMITTEE/BOARD

MECHANICS

- A. The Search will be open to all interested barangays and public schools (high school and elementary) in the city.
- B. Participants will be assessed and evaluated based on the 4 thematic areas of DRRM:
- Disaster Prevention & Mitigation;
- 2. Disaster Preparedness:
- 3. Disaster Response, and
- 4. Disaster Rehabilitation and Recovery.
- C. The covered period of evaluation is CY 2017 and 2018.
- D. Participants will be assessed twice (tentatively in August and November, 2018).
- E. The evaluation team shall be composed of selected City DRRM member offices, departments, agencies and institutions.
- F. The City DRRM Council shall select the top 3 best performing Barangay & School DRRM Committees/Boards.
- G. The awarding ceremony will be in December 2018.
- H. Prizes:

Top 3 Best Performing Barangays	Top 3 Best Performing Schools	
Cash Prizes	Cash Prizes	
Chainsaw 18"	Chainsaw 18"	
Chainsaw 16"	Chainsaw 16"	
Plaque of Appreciation	Plaque of Appreciation	

- Composition of the Evaluating Team (Proposed)
 - 1 Representative from ACDRRMO;
 - b. 1 Representative from CHO;
 - c. 1 Representative from CSWDO;
 - d. 1 Representative from CEO;
 - e. 2 Representatives from CSOs;
 - f. 1 Representative from GAD
 - g. 1 Representative from BFP, and
 - h. 1 Representative from DILG
- The City Disaster Risk Reduction and Management Office shall be the lead unit and Secretariat for the Search.





K. FIELDS of EVALUATION and ASSESSMENT

1. DISASTER PREVENTION & MITIGATION

- a. List of Disaster and Environmental Programs, Activities and Projects (PAPs) implemented
- b. Budget allotment of these PAPs
- c. Status of the PAPS
- d. CSOs, NGO and Private Sector involvement
- e. Impact of the PAPs to the community

2. DISASTER PREPAREDNESS

- a. Organizational structure of the DRRM Committee/Board
- b. Regularity of DRRM Committee/Board meetings
- c. DRRM budget allotment and rate of utilization
- d. Ordinance and policies related on disaster risk reduction and management
- e. Availability and presence of hazard and vulnerability maps and signage
- f. DRRM trainings, workshop and drills conducted
- g. DRRM equipage (vehicle and non-vehicle equipment)
- h. Early warning system/s
- i. Means of communications
- Availability of DRRM Plan and hazard- specific Contingency Plan.

3. DISASTER RESPONSE and DISASTER RECOVERY & REHABILITATION

- a. Established partnership with local organizations, group or private sector in case of an emergency.
- b. Assistance extended to disaster victims (if any) for the years 2017 and 2018.



Z Floor, PNP Bidg., Chy Hall Compound, Pulung Maragul, Angeles City, Pampanga Telefax: (345) 322 7796 Mobile: 0925 577 3437

Email: acdrmo@yahoo.com.ph



FIRST AID OLYMPICS 2018 for PUBLIC HIGH SCHOOL LEVELS

EVENT MECHANICS

- The Olympics will be open to all interested Barangays & Schools Rescue Teams (High School Levels) in the city.
- 2. The Following are the Categories to be played during the said Olympics:
 - a) Bandaging Relay
 - b) Lifting and Moving Relay
 - c) Situational Analysis Focus on Immobilization, Control Bleeding and Bandaging
- 3. List of Bandaging and Lifting & Moving Techniques:

I. BANDAGING TECHNIQUES	II. LIFTING AND MOVING TECHNIQUES
A. Triangular Bandage: (Open & Cravat)	B. One-Man Carries
1. Wound on top of the Head	Walking Assist
2. Wound on the Chest	2. Cradle Carry
Burned Hand / Foot	3. Pack-strap Carry
4. Wound on the Forehead / Eye	4. Firefighters Carry
Wound on the Ear / Cheek / Jaw	C. Two-Man Carries
6. Wound on the Shoulder / Hip	5. Extremity Carry
7. Wound on the Forearm / Leg	6. Swing Carry (Arms-as-litter)
8. Wound on the Palm	D. 3/4-Man Carries
NOTHING FOLLOWS	7. Hammock Carry
	8. Blanket Carry
	NOTHING FOLLOWS

NOTE: The "LAST PROBLEM" of the Bandaging and Lifting & Moving Events will be advised by the Judges.

- 4. Participant must complete a 5 days Standard First Aid and Basic Life Support Training.
- Participant will be trained by a Certified and Licensed First Aid Provider and Basic Life Support prior to the event as part of the preparation for the Olympics.
- 6. Each team must be composed of 6 members regardless of their age and gender. (Only 5 members will be allowed to play in every event).
 - a) 6 players 5 players and 1 reserve/victim
 - b) Physically fit to join the event with medical certification and waiver.
- 7. Victim for the Bandaging and Lifting & Moving Relays should come from one of the members of the participating team (minimum weight is 50 kg. or 110lbs) Extra clothing must be provided to the participant posing as the victim (REQUIRED).
- 8. Minimum Equipment/Materials to be prepared.
 - a) Triangular Bandages at least 25 pcs.
 - b) Blankets at least 2 pcs.
 - c) Trash bag/Specimen bag
 - d) Record sheet/Note pad
 - e) First Aid Kits
 - f) Roller Elastic Bandage at least 12 pcs (3" and/or 4")
 - g) The use of sanitary pads (napkins and panty liners) is/are prohibited in all events
 - h) Other materials deemed necessary for the said Olympics





I. OLYMPICS RULES and REGULATIONS

- 1. The chosen members of ACDRRMO will prepare problems/scenarios.
- 2. Only Five (5) members of the team including the team leader will be allowed to play in any event or situation.
- 3. A maximum of ten (10) minutes will be allowed for a team to perform each event/problem.
- 4. A whistle or a louder signal will be used to signify the start and end of each hit. There will be a maximum of five (5) minutes interval between hits.
- 5. Unruly or misbehaved teams will be disqualified from the event where they are caught or not following instructions or arguing with each other.
- Coaches/Trainers and/or any non-competing team members are to stay outside the designated competition area (Complete Isolation of all Participating Teams).
- 7. Coaching through any means of transmittal is also a ground for disqualification of a team for the particular event where coaching is caught.
- 8. For accurate and fair judging, two (2) committee members will be assigned to each event or scenario. Another timer will be assigned to keep track of the tem (10) minutes time for each hit.
- 9. The team with the best time (Shortest time to finish) will be given two (2) points bonus in all events.
- 10. Comments and suggestions are welcome for future competition consideration. If possible or necessary.
- 11. The teams which garnered the highest score/points per category will be declared champion, Second highest -1^{st} runner up, third highest -2^{nd} runner up and fourth highest -3^{rd} runner up.
- 12. The decision the Board of Judges is final and irrevocable.
- 13. Members of the First Aid Competition Committee have nothing to do with decision of the judges of the competition.

II. PRIZES

Ranking	Overall Score/Points	PRIZES
Champion	Highest	P 50,000.00 + Trophy + Medals + Medical Bag/Kit
1 st Runner Up	Second Highest	P 40,000.00 + Trophy + Medals + Medical Bag/Kit
2 nd Runner Up	Third Highest	P 30,000.00 + Trophy + Medals + Medical Bag/Kit
3 rd Runner Up	Fourth Highest	P 20,000.00 + Trophy + Medals + Medical Bag/Kit

Category	Score/Points	PRIZES
Best in Bandaging	Highest	Php. 5,000.00 + Trophy
Best in Lifting and Moving	Highest	Php. 5,000.00 + Trophy
Best in Situational Analysis	Highest	Php. 5,000.00 + Trophy