




Department of Education  
Region III  
**DIVISION OF CITY SCHOOLS**  
Angeles City

Jesus Street, Pulung bulu, Angeles City  
Tel. No. (045) 322-5722; 888-0582; 322-4702/Fax: (045) 888-6099



**RELEASED**

MAY 30 2017

By   
DepED Angeles City  
Division of City Schools

May 29, 2017

Division Memorandum  
No. 182 S. 2017

**To: Heads of Public Elementary School, Secondary and Senior High School**

**Attention: Teacher in Charge of Nutritional Status Report and Alternate**

**“Training on Nutritional Assessment”**

1. The Division School Health and Nutrition Section will conduct a Training on Nutritional Assessment among the 43 public elementary, 13 secondary and 7 senior high schools on **June 16, 2017, 8:00 am-5:00pm, at the Gabaldon Bldg., Jesus St, Pulungbulu, Angeles City.**
2. The objectives of the training are as follows:
  - a) to Re-train the participants on basic height-and-weight taking techniques
  - b) Refresh the participants with regards to the nutritional status computation.
3. Participants to the said training are the Teachers in Charge of the nutritional status report and their Alternate. Each school is requested to bring One Laptop and one calculator for the Orientation on BMI and Height-for-Age Software and computation purposes.
4. Our deepest appreciation to your continuous support on all the school health and nutrition program.
5. For strict and immediate compliance.

  
**LEILANIS. CUNANAN, CESO VI**

Officer-In-Charge

Office of the Schools Division Superintendent

8:00 – 8:30

**Registration**

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**Part I**

**OPENING PROGRAM**

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8:30 – 9:00

**PRAYER**

*VIDEO PRESENTATION*

**NATIONAL ANTHEM**

*VIDEO PRESENTATION*

**WELCOME REMARKS**

*Donna Mae A. Batul, MO 111*

**INTRODUCTION OF PARTICIPANTS**

*RAMIL M. POLICARPIO, DENTIST II*

**INSPIRATIONAL MESSAGE**

*LEILANI S. CUNANAN, CESO VI*

*OFFICER-IN-CHARGE*

*OFFICE OF THE SCHOOLS DIVISION SUPERINTENDENT*

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**Part II**

**PROGRAM PROPER**

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9:00 – 9:45

**OVERVIEW ON NUTRITIONAL ASSESSMENT**

**REVIEW OF HEIGHT AND WEIGHT TAKING**

*GORGONIA I. PANGILINAN- NIC-NURSE II*

9:45 – 10:00

**HEALTH BREAK**

10:00 – 12:00

**PRACTICUM I**

*SCHOOL HEALTH AND NUTRITION COORDINATORS*

12:00 – 1:00

**HEALTH BREAK**

1:00 – 2:30

**AGE COMPUTATION**

**BMI COMPUTATION**

**DETERMINING NUTRITIONAL STATUS**

*SCHOOL HEALTH AND NUTRITION COORDINATORS*

2:30 – 4:30

**BMI AND HEIGHT-FOR-AGE SOFTWARE**

**SUBMISSION OF REPORT**

*ROSEMARIE V.P. NECESARIO-NURSE II*

4:30 – 5:00

**PREPARATION OF ACTION PLAN**

*GORGONIA I. PANGILINAN-NIC-NURSE II*

**HOME SWEET HOME**

**RALPH MICHAEL D. DUNGCA**

*MASTER OF CEREMONY*