



Department of Education
Region III
DIVISION OF CITY SCHOOLS
Angeles City

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May 13, 2016

DIVISION MEMORANDUM

No. 101 S. 2016

**ADDENDUM TO THE DIVISION MEMORANDUM 104 S. 2016
PARAGRAPHS 1 AND 2**

TO: Elementary and Secondary School DRRM Coordinators

1. Relative to the preparedness measure for the possible 7.2 magnitude earthquake in the National Capital Region (NCR), Holy Angel University, BS Nursing Faculty and the Division Office is spearheading the First Aid Training for School DRRM Coordinators on May 16, 17 and 18, 2016 at **8:00 A.M to 5:00 P.M. at 105 MGN Building, Holy Angel University, Sto. Rosario St., Angeles City.**
2. The objective of the training is to equip our teachers/personnel with skills in handling accidents in schools even before emergency service providers arrive thus saving a life or preventing more damages. **Attached is the training matrix of the program.**
3. Immediate dissemination of and strict compliance with the Memorandum is desired.

LEILANI S. CUNANAN, CESO VI
Officer-in-Charge
Office of the Schools Division Superintendent

Draft

HOLY ANGEL UNIVERSITY
COLLEGE OF NURSING AND ALLIED MEDICAL SCIENCES

FIRST AID SEMINAR
PROGRAMME

Day 1: May 16, 2016 (Monday)

- 7:45 AM Registration
8:00 AM Opening Remarks
8:15 AM Part I: Prologue to First Aid and Emergency Management
Resource Person: JOSE HENRY T. LANSANGAN, RN, MAN
Chairperson, Nursing Program
1. Definition and Objectives
 2. Key Concepts
 - a. Infection Control
- 10:00 AM Morning Snack
10:15 AM Key Concepts
 - b. Triage and the Human Needs
- 12:00 NN LUNCH BREAK
- 1:00 PM Key Concepts
 - c. Pain Scale (Adult and Child)
 - d. Burns and First Aid
- 3:00 PM Afternoon Snack
- 3:15 PM Key Concepts
 - e. Cardiac Arrest & CPR
- 4:30 PM Q & A

Day 2: May 17, 2016 (Tuesday)

- 7:45 AM Registration
8:00 AM Part II: Managing Toxic Substances & Dehydration
Resource Person: VANESSA L. BELEN, RN, MEd
Dean, CNAMS
1. Definition and Objectives
 2. Key Concepts
 - a. Food & Chemical Poisoning (Topical, Ingestion, & Inhalation)
- 10:00 AM Morning Snack
10:15 AM Key Concepts
 - b. Diarrhea, Vomiting, and Dehydration
 - c. Heat Stroke

12:00 NN LUNCH BREAK

1:00 PM Part III: Managing Sprain, Strain, and Fracture
Resource Person: JAYRON, MARK BERNARDO, RN
Licensed First Aider / Lecturer
Key Concept:
1. Definition and Objectives
2. Key Concepts
a. Managing Sprain, Strain and Fracture

3:00 PM Afternoon Snack

3:15 PM Key Concept
b. Bandaging and Cravat

4:30 PM Q & A

Day 3: May 18, 2016 (Wednesday)

7:45 AM Registration

8:00 AM Part IV: Airway Obstruction and Impaired Gas Exchanges
Resource Person: LAURO N. LINAG, RN, MAN
Faculty, CNAMS
Key Concepts:
1. Definition and Objectives
2. Key Concepts
a. Aspiration / Choking
b. Heimlich Maneuver
c. Hypo – and Hyperventilation
d. Asthma Attack

10:00 AM Morning Snack

10:15 AM Key Concepts
a. Fainting
b. Hypersensitivity Reaction
c. Seizure

12:00 NN LUNCH BREAK

1:00 PM Part V: Managing Wounds
Resource Person: LEONOR LUMANLAN, RN, MAN
Lecturer
Key Concept:
2. Definition and Objectives
3. Key Concepts
a. Types of Wounds

	b. First Aid
3:00 PM	Afternoon Snack
3:15 PM	Key Concept
	Resource Person: MA. CONCEPCION S. DAY, RN, MAN
	Lecturer
	c. Immobilization
	d. Transfer of Patient
4:30 PM	Q & A