



Department of Education
Region III

DIVISION OF ANGELES CITY

Jesus Street, Pulung Bulu, Angeles City

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July 21, 2015

DIVISION MEMORANDUM

No. 163 s. 2015

**Misasanmetung a Galo, Para Keng Balen Angeleno
A Dance Workshop Aligned to K-12 Program**

To: All Public Elementary and Secondary School Heads

1. The Teachers and Choreographers Dance Associations (TACDA) will conduct a 3-day dance workshop on August 7-9, 2015 at Marquee Mall, Angeles City. This workshop aims to **provide a venue for teachers, choreographers, and dance club moderators to explore different dance genres and find their relevance in the implementation of their professions.** :
2. The objectives of the workshop are:
 - a. Discuss the relevance of several sample dances to the K-12 Curriculum for PE;
 - b. Enhance teachers' dance creativity as they experience proper dance term technicalities and precision of dance steps and movements in preparation for school dance productions and competitions;
 - c. Promote nationalism and patriotism through Philippine folk dances.
3. The target participants for the activity are elementary and secondary Physical Education (PE) teachers, dance teachers, choreographers, and dance club moderators.
4. A registration fee of two hundred pesos (P200) will be collected from each participant to cover the operational expenses and handouts for the workshop.
5. To facilitate the registration, interested participants may contact Mr. Raymond E. Mangilit (0906-299-2193) or Mr. Dennis C. Lagbao (0923-963-5575) for reservation of slots. A complete list of participants is expected to be released a week before the workshop.
6. Immediate and wide dissemination of this Memorandum is earnestly desired.


NICOLAS T. CAPULONG, Ph.D., CESO V
Schools Division Superintendent

DAY 1

August 7, 2015

Friday

9:00 – 10:00AM	REGISTRATION	
10:00 – 10:30AM	PROGRAM / Dance Exercise	
10:30 – 12:00NN	Dance 1 Bibingka Nasid – a capampangan words which means "RICE CAKES", the dance is based on the song "ARO! Katimyas na nitang Dalaga"	Speaker: TESSIE A. PABALAN Moderator, SRES Lifetime Member, PFDS
12:00 – 1:00PM	LUNCH	
1:00 – 1:30PM	GROUPINGS	
1:30 – 2:45PM	DANCE 2: Valsenera – a capampangan creative dance based on the steps and figures of Saptya and Basulto and the music is adopted in capampangan song "Atin Cu pung Singsing"	Speaker: RONALFREDO R. CAYANAN Coordinator, RCC Performing Arts
2:45 – 4:00PM	DANCE 3: Subli – a religious dance from Batangas	Speaker: ELIZABETH LAO and RASSEL DE LUNA Moderator, Achievers Special Education Center
4:00 -5:30PM	DANCE 3 Sakuting – dance from Pangasinan using two long sticks.	Speaker: DENNIS LAGBAO Moderator, FG. Nepomuceno Memorial H.S

DAY 2

August 8, 2015

Saturday

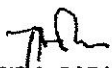
9:30 – 10:00AM	REVIEW OF DANCES	
10:00 – 12:00NN	TALK : Introduction of Mechanics and Criteria for judging in the Angeles City Philippine Folk Dance Competition	Speaker: TACDA OFFICERS
12:00 – 1:00PM	LUNCH	
1:00 – 2:30PM	DANCE 4 Capampangan Literature Dance (Salakban Me ing Bulig and Padwasan)	Speaker: PETER DE VERA Director, SSIKAP Vice-Chair, NCD, NCCA
2:30 – 4:00PM	DANCE 5 Pinoy Disco Swing Philippine Social Ballroom Dances	Speaker: ALBERTO DIMARUCUT Faculty, CHK, UP-Diliman
4:30 - 6:00PM	CULTURAL SHOW ACNTS, FGNMHS, ACHIEVERS, SRES, SIKAP and other Guest Performers	


DAY 3

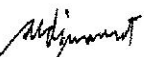
August 9, 2015

Sunday

9:30 – 10:00AM	REVIEW OF DANCES DAY 1 & 2	
10:00 – 12:00NN	DANCE 6: SALA TI MAIS – dance from Visayan region.	Speaker: NOEL REGANIT
12:00 – 1:00PM	LUNCH	
1:00 – 2:30PM	DANCE 7: CONTEMPORARY DANCE Its forms, styles and classifications	Speaker: RAYMOND MANGILIT Moderator, ACNTS
2:30 – 3:00PM	GROUP REHEARSALS	
3:00 – 3:30PM	WALK THRU / DRY RUN	
3:30 -5:00PM	PROGRAM – PARADE- DANCE SHOWCASE	
5:00 – 5:30pm	Distribution of Certificates, hand-outs & CDs.	


TESSIE A. PABALAN
 Chairman, TACDA


PETER A. DE VERA


ALBERTO DIMARUCUT
 Board of Director, TACDA