

Republic of the Philippines

Department of Education

Region III Schools Division of Angeles City



Division Advisory No. ⁰, ³, s. 2023 April 26, 2023

In compliance with DepEd Order (DO) No. 8, s. 2013 This advisory is issued not for endorsement per Department Order (DO) No. 28, s. 2001, but only for information of DepEd officials, personnel/staff, as well as the concerned public.

COPE CARAVAN

To: Assistant Schools Division Superintendent OIC-Chief ES, Curriculum Implementation Division Chief ES, School Governance and Operations Division Heads of Public Elementary and Secondary Schools

1. COPE UP, a non-profit, non-partisan, and non-sectarian mental health organization based at the University of the Philippines, Diliman, will be holding a COPE Caravan with the title "Sanctuary: Places, Spaces, and Their Relationship with Mental Health.

2. Attached is the letter from the overall head of COPE Caravan 2023 for reference and guidance on the details of the activity.

3. Wide dissemination of this Advisory is earnestly desired.

RONALDO A. POZON PhD, CESO V N Schools Division Superintendent

SGOD/Chief elm/April 26, 2023



Address: Jesus Street, Pulungbulu, Angeles City Telephone No. (045) 322-4101





COPE UP Executive Committee A.Y. 2022-2023

> Edrian Divinaflor Overall Project Head

John Marco Bajana Executive Vice President

Margret Juan Executive Secretary

COPE Caravan 2023 AdHoc Team

John Marco Bajana Marvin De Guzman Louise Gabriel Jimenez Overall Heads

Joriz Mico Medina Lebron Andre Liam Palanca Programs Subcommittee Heads

Allianz Jelena Maturino Creatives and Promotions Subcommittee Head

John Clarence Pamplina Communications Subcommittee Head

> Josh Andrew Martija Technical and Logistics Subcommittee head

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April 20, 2023

DR. RONALDO A. POZON Schools Division Superintendent Department of Education - Division of Angeles City

Greetings from COPE UP!

COPE UP is a non-profit, non-partisan, and non-sectarian mental health organization based at the University of the Philippines Diliman. It is also the premier mental health organization in the university. Its advocacies include raising mental health awareness, destigmatizing mental illnesses, and providing a sound environment for individuals experiencing mental health disorders, problems, and other mental health-related challenges. Since 2017, the organization has conducted educational discussions and has promoted creative contents that are in line with its advocacies towards building a mentally healthy country.

For this semester, COPE UP will be holding **COPE Caravan**, the organization's socio-civic project, which features a series of events forwarding the organization's advocacies as well as providing students with healthier ways to cope with the stresses of life. This year, COPE Caravan will go by the title **Sanctuary: Places, Spaces and their Relationship with Mental Health.** This will be a month-long celebration that aims to highlight the influence of spaces and people's perception of them on their mental health and will showcase a variety of projects and events ranging from competitions, webinars, and other exciting and informative activities that are open for senior high school students as well as college-level students.

The competitive event, which is an **infographic-making competition**, aims to provide an avenue for high school students to unleash their creativity while writing and researching a relevant topic in line with the organization's advocacy of mental health awareness. With this in mind, COPE UP would love to have your students participate in the organization's competitive event. Not only will your students have the opportunity to apply their talents and skills in contemporary social contexts, but also, your students will have the chance to win cash prizes, among other tentative incentives.



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In line with this, COPE UP humbly requests your office to grant an issuance of a **DepEd Regional Advisory** for immediate information dissemination to the schools within your region. The organization is very eager with its advocacy for mental health awareness and with your participation, COPE UP will be able to reach out to more students outside the university.

Should you have any questions or concerns, feel free to contact us at <u>cope.caravan@gmail.com</u> or through the undersigned. We are looking forward to your favorable response.

For a mentally healthy Philippines,

marcubayana John Marco Bajana

Overall Head COPE Caravan 2023

Louise Gabriel Junenez

Overall Head COPE Caravan 2023