

### Republic of the Philippines

## Department of Education

Region III Schools Division of Angeles City

No. S. 2020

To: Heads of Public Elementary, Junior and Senior High Schools

From: The Officer-In-Charge, Office of the Schools Division Superintendent

Subject: Angeles City Sports Taekwondo Academy Grassroots Program

Date: January 23, 2020

Please be informed of the attached letter of Mr Ermin Pagdilao Janoras, Taewondo Moderator and Head Coach of Angeles City Sports Taekwondo Academy on **Angeles City Sports Taekwondo Academy Grassroots Program**.

For your reference and information.

MA. IRELYN P. TAMAYO PhD, CESE W

Assistant Schools Division Superintendent
Officer-In-Charge

Office of the Schools Division Superintendent

CN 2050-013



Address: Jesus Street, Pulungbulu, Angeles City Telephone No. (045) 322-4101











January 14, 2020

To
MA. IRELYN P. TAMAYO, Phd., CESE
Assistant Schools Division Superintendent
Officer-in-Charge
Office of the Schools Division Superintendent

Attention: EDGAR L. MANABAT EPS,SGOD Angeles City Division Office JAN 2 1, 2020

Dear Madam,

As Moderator for Taekwondo representing the Angeles City Sports Office Department and appointed as Supervising official for the upcoming CLARAAA for the Angeles City delegates our Chapter the Janoras Taekwondo Academy and Angeles City Sports Taekwondo Academy, an affiliate chapter of the Philippine Taekwondo Association, would like to provide our services to start our grassroots program in preparation for next year's Palarong Pambansa. We would like to start our program to the following Public schools with assigned trainers:

	School	Trainer-Coach	Asst. Trainer	Teacher-Coach
1.	Sta. Teresita Elementary School	Ermin Janoras	Aviel Condalor	
2.	Angeles City National High School	<b>Ermin Janoras</b>	<b>Aviel Condalor</b>	Arnold Arceo
3.	Sto.Domingo Elem School	<b>Ermin Janoras</b>	<b>Aviel Condalor</b>	
4.	Angeles Elem School	<b>Ermin Janoras</b>	Reynante Bacuno	Lucia Malig
5.	Pineda Elementary School	<b>Ruth Jo Mandal</b>		Ivan Wong
6.	FGNMHS	<b>Ruth Jo Mandal</b>		Dennis Lagbao
7.	Pandan Elem School	<b>Ruth Jo Mandal</b>		
8.	Virgen Delos Remedios Elem School	<b>Ruth Jo Mandal</b>		
9.	Sapang Bato National HighSchool	Monalisa Dagpin	Jason Dagpin	
10.	Malabanias Inegrated School	Monalisa Dagpin	Jason Dagpin	
11.	Malabanias High School	Monalisa Dagpin	Jason Dagpin	
12.	Nepumuceno Elem School North west	Reynante Bacuno		
13.	Lourdes Northwest Elem School	Reynante Bacuno		

In connection to this, Php. 50 pesos will be collected per student/session to provide allowance for the Trainers and assistant trainers, and to fund necessary equipment needed for the development of our Athletes. Uniforms is not required in this program, but if they wish to have uniform, they can purchase this thru the trainers.

This program consist of rigid kyeurugi Techniques and competitive Poomse. Promotion or upgrading of belts does not apply in this program. Please review attached files.

Submitted by:

Mr. Ermin/Pagdilao Janoras Janoras Taekwondo Academy

Angeles City Sports Taekwondo Academy Taekwondo Moderator and Head Coach Contact SMART no. 09213631463



# Angeles City Sports Taekwondo Academy Grass roots and Elite training program



#### Vision

#### A. Character building

- 1. Taekwondo helps to inculcate discipline, leadership, self confidence and team spirit which are essential for the enhancement of the character of students at an early age.
- 2. The program covers general Taekwondo rules and regulations, tenets and decorum for the students and parents. By doing so, this will create an awareness and atmosphere of responsibility not just in school but, in their homes as well.

#### B. City recognition

- 1. Unlike other team sports where competitions are quite limited and the possibility of winning medals is slim, Taekwondo offers several major and minor competitions involving international, national, regional, district levels and invitational tournaments. Students can participate individually and as a team, thus giving them more opportunities for winning and providing recognition for the school and Angeles City.
- 2. With an increased number of Taekwondo enthusiast, Angeles City may be used as a venue for which other Taekwondo affiliated schools in Pampanga can hold their promotions, giving way for timely exposure for Angeles city.
- 3. Angeles City can host friendly matches (dual meets, invitational tournaments) with other regional Taekwondo clubs. Its concept is to periodically invite other regional teams to a friendly match on an agreed venue. The purpose of the meet is to give an opportunity to develop the students individual fighting styles, as well as to promote fellowship and camaraderie among the athletes, parents and coaches.

#### Grass roots Program:

- To provide a venue to produce potential Taekwondo Elite team players.
- This program starts with Recruitment through enrollees from the Public School year 2019-2020-2021.
- It is open to students male and female from Grade 3-12.
- The training will be handled and supervised by Mr. Ermin Janoras and the Philippine Taekwondo Association affiliated Chapter Angeles City Sports Taekwondo Academy under Janoras Taekwondo Academy.
- It will be 2 hours Once a week or twice a week training depending on the trainers and assigned Assistant trainers and Teacher Coaches available time and day.
- · Taekwondo uniforms are not required.
- Training consist of Sparring Techniques and Poomse or forms.
- · Upgrading of belts does not apply in this program.
- Php. 50 pesos fee will be collected per student/session for the Assistant trainer as allowance for their service and to
  fund additional trainers to closely supervise the training and to purchase equipment necessary for the development
  of the participants.
- The program will also prepare our participants for our next program the 2020 Free Milo Summer Taekwondo Workshop and Promotion test to upgrade their belt.
- This program aims to enhance the fighting skills of potential athletes which will be chosen to represent their school in local and regional competitions.
- The schedule will be discussed with the assigned Teacher Coach of each school.
- Only appointed Trainers listed above is allowed to conduct training in these schools.
- The trainers listed above are resident and homeowners of Angeles City with Baranggay clearances to prove they are legitimate Home owner and local.