

Department of Education Region III IVISION OF CITY SCHOOL

DIVISION OF CITY SCHOOLS

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DIVISION ADVISORY

DIVISION ADVISORY No. 67 S. 2019

To:

Heads of Public Elementary and Secondary Schools

From:

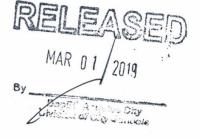
Schools Division Superintendent

Subject:

1st PGCA-NE Convention and Seminar-Workshop

Date:

March 1, 2019



Please be informed of the conduct of First Convention and Seminar-0Workshop organized by the Philippine Guidance and Counseling Association-Nueva Ecija (PGCA-NE) chapter, with the theme "Promoting Mental Health Responsive Counseling Programs and Services" on March 18-20, 2019 at CLSU FPJ DEvCom Hall.

Attached is the training proposal and Advisory No. 63, s. 2019 entitled "1st PGCA-NE Convention and Seminar-Workshop", for your reference and information.

LEILANI S. CUNANAN, CESO VI Schools Division Superintendent

Mha/sgod/aavi

cn # 2019-069

"SMILES BRIGHT, SERVES RIGHT"



Republic of the Philippines

DEPARTMENT OF EDUCATION **REGION III**

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February 18, 2019

ADVISORY

No. 53 , s. 2019

Schools Division Superintendents

From

The Regional Director

Subject

1st PGCA-NE Convention and Seminar -Workshop

- 1. This is to announce the conduct of First Convention and Seminar-Workshop organized by the Philippine Guidance and Counseling Association-Nueva Ecija (PGCA-NE) chapter, with the theme, "Promoting Mental Health Responsive Counseling Programs and Services" on March 18-20, 2019 at CLSU FPJ DEvCom
- 2. Participants to this activity are the Counselors, Psychometricians, and Guidance Practitioners in the region particularly in Nueva Ecija with a registration amounting to P 3000- P 3500, chargeable against local funds subject to the usual accounting and auditing rules and regulations.
- 3. Attached is the letter together with the training proposal for reference.

NICOLAS T. CAPULONG, Ph.D., CESO V Schools Division Superintendent Officer-In-Charge Office of the Regional Director

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PHILIPPINE GUIDANCE AND COUNSELING ASSOCIATION, INC. NUEVA ECIJA CHAPTER

Central Luzon State University Science City of Muñoz, Nueva Ecija

FEB 06 2019

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NANCY C. RAYOS, EdD, RGC Ex-Officio January 28, 2019

Dr. Beatriz G. Torno CESO IV Director Department of Education - Region 3 Brgy. Maimpis, San Fernando Pampanga

Dear Madame.

Greetings from Central Luzon State University!

We are pleased to inform you that the Philippine Guidance and Counseling Association-Nueva Ecija (PGCA-NE) chapter, in its desire to help Counselors and Guidance Practitioners to develop, implement and support effective counseling programs, will hold its First Convention and Seminar-Workshop on March 18-20, 2019 at the CLSU FPJ DevCom Hall.

With the theme, "Promoting Mental Health Responsive Counseling Programs and Services", the convention-workshop is envisioned to equip the participants with the necessary skills and knowledge to address different mental health issues of their clientele. Our resource speakers include the current and the past Presidents of the Philippine Guidance and Counseling Association National.

In connection to this, we would like to request your good office to endorse this activity through a memorandum for the active participation of Guidance Counselors, Psychometricians as well as Teachers assigned as Counselors and other Guidance Practitioners in the region, particularly in Nueva Ecija. Attached is our program for your perusal.

We ardently pray for your favorable response as this will go a long way in the pursuit of our endeavor for the benefit of our clientele, particularly the students we serve.

Thank you very much.

Very truly yours,

ELIZABETH S. SUBA, PhD, RGC, RPsy, RPm President, PGCA-NE

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PHILIPPINE GUIDANCE AND COUNSELING ASSOCIATION, INC. NUEVA ECIJA CHAPTER Central Luzon State University Science City of Muñoz, Nueva Ecija

1st PGCA-NE Convention and Seminar-Workshop March 18-20, 2019 FPJ Dev-Com Hall, Central Luzon State University Science City of Munoz, Nueva Ecija

Course Description:

This convention and seminar-workshop aims to hone participants' counseling skills and competencies and assist them in developing mental health-responsive counseling programs and services. Participants will be oriented on the relevance of promoting mental health, assessment procedures, and trends and techniques in the management of mental health cases in the school and corporate settings. Target participants are Counselors, Psychometricians and other Guidance Practitioners in the elementary, high school and college levels both in the public and private sectors in Nueva Ecija and nearby provinces.

Seminar Objectives

At the end of the 2 and a half-day seminar-workshop participants will be able to:

- 1. Explain the importance of promoting mental health among their clients and constituents.
- Explain, apply and share their knowledge on the new trends/techniques in management of mental health cases.
- 3. Demonstrate basic counseling skills in the practice of their profession.
- Understand/demonstrate how to do the counseling interview and utilize simple assessment tools used in counseling
- 5. Apply the ethical considerations in the practice of counseling and assessment.
- Collaborate with other helping professionals in developing mental health-responsive counseling programs and services.



PHILIPPINE GUIDANCE AND COUNSELING ASSOCIATION, INC. NUEVA ECIJA CHAPTER

Central Luzon State University Science City of Muñoz, Nueva Ecija

1st PGCA-NE Convention and Seminar-Workshop March 18-20, 2019 FPJ DevCom Hall, CLSU, Science City of Munoz, Nueva Ecija

Theme: "Promoting Mental Health-Responsive Counseling Programs and Services".

PROGRAM OF ACTIVITIES		
Day 1 March 18		
7:00-8:00 Registration		
8:00-8:40	OPENING PROGRAM	
	Invocation/National Anthem	
	Opening Remarks	Dr. Elizabeth S. Suba President, PGCA-NE
	Introduction of Participants	Prof. Rochelle Ann V. Pararuan Secretary, PGCA-NE
	Welcome Message	Dr. Tereso A. Abella President, CLSU
8:40-10:10	Introduction of the Keynote Speaker	Dr. Irene G. Bustos VP Internal, PGCA-NE
	Keynote Address	
	"Promoting Mental Health- Responsive Counse A Challenge to Helping Professionals"	ling Programs: Dr. Adelaida C. Gines, RGC President, PGCA National
10:10	Snack Break	
10:30-12:00	Talk 1 "New Trends in the Management of Mental Health Cases (Prevention, Intervention, and Postvention)	Dr. Sheila Marie G. Hocson, RGC Former President, PGCA National
12:00	Lunch Break	
1:00-2:00	Open Forum on Talk 1 Sharing of Experiences on Handling Mental Health Cases (By Sector/Year Level)	
2:00:3:30	Talk 2 "Counselor Competencies and Basic Counseling Skills"	Prof. Chrisdell C. Munsayac RGC Head, CLSU Guidance Services Unit
3:30-3:50	Snack Break/ Groupings for Workshop	
3:50-5:30	Workshop for Talk 2 - With Demo of Counseling Skills/Techniques	
	Break out Groups by year level (elementary, high school, college) - Facilitators	
	College Level - Venus, Claire, Faith,	Chrisdel, Cocoy, Annie Dinh, Rochelle
	High School - Ferlyn, , Alex, Jo B.,	Allan, Lucena, Anna S.

- Sheralyn, Saturnino, Cris, Wilson

Elem Level



PHILIPPINE GUIDANCE AND COUNSELING ASSOCIATION, INC. **NUEVA ECUA CHAPTER**

Central Luzon State University Science City of Muñoz, Nueva Ecija

Day 2 March 19

8:00-10:00

Talk 3

"The Counseling Interview and other

Assessment Techniques at In-take"

- Dr. Elizabeth S. Suba RGC President, PGCA-NE chapter

(with demo on the use of sample checklists, interview and observation forms

10:00

Snack break

10:20-12:00

Talk 4

"Assessment Tools in Counseling:

Standardized Psychological Tests"

- Prof. Rochelle V. Pararuan RGC

Secretary PGCA-NE/Guidance Counselor

(with demo on the use of some psychological tests)

12:00

Lunch

1:00-3:00

Talk 5

"Developing Responsive Counseling

Programs and Services"

- Dr. Ma. Ruby Hiyasmin M. de los Santos RGC

Guidance Counselor, CEd

3:00-3:20

Snacks

3:20-5:30

Workshop for Talk 5 Developing Counseling Programs

Groupings

Facilitators

College Level - Venus, Chrisdel, Claire, Faith, Cocoy, Annie Dinh, Irene

High School - Ferlyn, Alex, Jo B., Allan, Lucena, Cris, Anna S., Beth

Elem Level

- Sheralyn, Saturnino, Wilson, Cris

Presentation of Group Outputs

Day 3

March 20

8:00

Recap of Day 1 and 2

8:10-10:00

Talk 6

"Implications of RA 9258 in Counseling Practice and

The Ethical Standards and Self-Care Regimen

for the Helping Professional"

- Dr. Irene G. Bustos RGC

VP Internal, PGCA-NE

(with Open Forum and participants' sharing of experiences)

10:00-12:00 Snack Break



PHILIPPINE GUIDANCE AND COUNSELING ASSOCIATION, INC. NUEVA ECIJA CHAPTER

Central Luzon State University Science City of Muñoz, Nueva Ecija

10:20-11:00 BUSINESS MEETING -

President's Report

Treasurer's Report PGCA-NE Plans for 2019-2020

11:20-12:00 Evaluation/feedback

CLOSING PROGRAM

Closing Remarks

Dr. Venus A. Vitales VP External, PGCA-NE

Awarding of Certificates

Photo Ops

12:00 noon Lunch

Master of Ceremonies Chrisdell C. Munsayac Allan Manangguit Crisanto de Jesus