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	DIVISION ADVISORY		Name of Office: OSDS-SDS

DIVISION ADVISORY

No. 76, s. 2019

To : Heads of Public Elementary and Secondary Schools
Guidance Counselors

From : The Schools Division Superintendent

Subject: Philippine Guidance and Counseling Association-Tarlac
Chapter's 5th annual Conference

Date : August 5, 2019

RELEASED

AUG 05 2019

By DepEd Angeles City
Division of City Schools

Please be informed that the Philippine Guidance and Counseling Association-Tarlac Chapter's 5th Annual Conference will be on September 12-14, 2019 at the TSU Alumni Center, Lucinda Campus, Tarlac State University, Tarlac City.

Attached is the letter of Niña C. Garcia, RGC, LPT, for the other details of the conference.

LEILANI SAMSON-CUNANAN, CESO V
Schools Division Superintendent

lv/chiefsgod

PHILIPPINE GUIDANCE AND COUNSELING ASSOCIATION, INC.

Accredited Professional Organization by the Professional Regulation Commission
Room 107 Philippine Social Science Council Bldg., Commonwealth Ave., Quezon City
Tele Fax No. (632) 455 5108

TARLAC CHAPTER

currently based at the Counseling, Testing & Career Center of the Tarlac State University,
Romulo Boulevard, Tarlac City 2300, Tarlac
pgcatarlac@yahoo.com | 0908-888-0476

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July 25, 2019

Dr. NICOLAS T. CAPULONG
ARD-(OIC-Regional Director)
DEPED REGION III
Regional Government Center
Maimpis, City of San Fernando, Pampanga

Sir :

Warmest Greetings from PGCA- Tarlac Chapter!

We are pleased to announce that the Philippine Guidance and Counseling Association-Tarlac Chapter's 5th Annual Conference will be on September 12-14, 2019 themed **"Towards a Mentally Flourishing Society : Mental Health, Resilience , Diversity and Social Justice"** at the TSU Alumni Center, Lucinda Campus , Tarlac State University.

This year's chapter conference theme embodies the integration of methods and approaches in the helping profession. The diversity of the topics will be an aid in expanding the participants' perspective and will equip them with the up to date knowledge which can be integrated with their practice and delivery of their services.

The conference fee of Php 3,000.00 will cover seminar kits and materials, am/ pm snacks/ lunch for three (3) days and certificate of participation.

Membership	Early Bird (before August 30, 2019)	Payment (Made after August 30, 2019)
Member and Early Bird	Php 2,800.00	Php 3,000.00
Non- Member	Php 2,800.00	Php 3, 000.00

In this connection, may we request for your endorsement of the said conference. Target participants for this conference are Guidance Counselors, Social Workers, Psychologists, Psychometricians, Guidance Advocates, Licensed Professional Teachers and other allied in the helping profession.

For information/ confirmation of attendance please coordinate with Ms. Niña C. Garcia at 0909-477-9676, Ms. Maria Sheila G. Medina at 0917-707-7545 or Ms. Chaterine Santos at 0907-371-9858 also you may email us at pgcatarlac@outlook.com.

Our chapter is also working on the accreditation of the conference-workshops for CPD units with the PRC.

We look forward to seeing you!

Very truly yours,


Niña C. Garcia, RGC, LPT
Chapter President

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PGCA Tarlac 5th Annual Conference

Towards a Mentally Flourishing Society : Mental Health, Resilience , Diversity and Social Justice

PROGRAMME OF ACTIVITIES

Day 1 September 12, 2019

Morning Session

7:00AM- 7: 45AM Registration and Arrival of the Participants
7:46AM- 8:00AM Opening Program
8:01AM – 8:30AM Chapter's Accomplishment Report

8:30AM- 9:00AM Keynote Address
Adelaida Gines, Ph. D. , RPsy, RGC
President, PGCA- National Inc.

9:00AM- 12:00 **Positive Education : Creating Nurturing School through an Inclusive Approach to wellbeing**

Ms. Angienette C. Evangelista, RGC, Rpm
University of Assumption
Resource Speaker

12:01-1:00PM **Lunch**
Election of Officers

Afternoon Session

1:00PM – 5:00 PM **Promoting Human Flourishing in Work, Health, Education and Health through Positive Psychology**

Dr. Jose Alberto S. Reyes, RPsy
University of the Philippines (Diliman)
Resource Speaker

5:00PM **OATH TAKING NEWLY ELECTED OFFICERS**

Day 2 September 13, 2019

Morning Session

8:00AM – 12:00NN **Psychological First Aid**

Ms. Remedios Moog, RGC, Rpm
University of East , Caloocan
Resource Speaker

Cognitive Behavioral Therapy Tools in Dealing with Suicide

Ms. Rosanna Pablico, RGC
Tarlac State University
Resource Speaker

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PGCA Tarlac 5th Annual Conference
Towards a Mentally Flourishing Society : Mental Health, Resilience , Diversity and Social Justice

PROGRAMME OF ACTIVITIES

12:01-1:00PM

Lunch

Afternoon Session

1:00PM- 5:00PM

Mindfulness Skills for Mental Health Professionals

Dr. Marc Eric Reyes, RPsy
 University of Sto. Tomas
 Resource Speaker

Day 3 September 14, 2019

Morning Session

8:00AM – 12:00NN

Creative Approaches in Serving LGBTQ

Prof. Jennifer C. Josef
 Assistant Professor of Sociology
 University of the Philippines-Baguio
 Resource Speaker

12:01-1:00PM

Lunch

Afternoon Session

1: 00PM – 5:00PM

Strengthening Resilience : Maximizing Opportunity through Schools and Community

Ms. Jay Ann Silva , Rpm
 Founder, Tanglaw Mental Health
 Resource Speaker