
	Department of Education Region III DIVISION OF CITY SCHOOLS Angeles City Jesus Street, Pulungbulu, Angeles City		Document Code: SDO-QF-OSDS-SDS-005 Revision: 00 Effectivity date: 10/31/2018
	DIVISION ADVISORY		Name of Office: OSDS-SDS

DIVISION ADVISORY

No. 167, s. 2019

To : Heads of Public Elementary and Secondary Schools

From : The Schools Division Superintendent

Subject: Three-Day National Seminar-Workshop on Addressing Mental Health Issues
In the School Setting

Date : July 29, 2019

RELEASED

JUL 30 2019

By DepEd Angeles City
Division of City Schools

Please be informed that ARCZONE Professional Development will conduct the Three-Day National Seminar-Workshop on Addressing Mental Health Issues in the School Setting on August 9, 10, and 11, 2019 at Social Action Center of Pampanga, Inc. (SACOP), Maimpis, City of San Fernando.

Participants to this activity are school administrators, mid-level school managers, guidance counselors, homeroom advisers and teachers. A registration fee of P3,900.00 will be charged from each participant to cover expenses for snacks, lunches, seminar kits, hand-outs and a certificate.

Attached are the letter of Ms. Jesusa Flores, Training Director, ARCZONE Professional Development, program of activities and other details, for information and reference.

LEILANI SAMSON-CUNANAN, CESO V
Schools Division Superintendent

lvi/chiefsgod

CN 2019-173

From: Dr. Nicholas T. Capulong - Invitation Letter for a 3-Day National Seminar Workshop on Addressing Mental Health Issues in the School Setting"

1 message

Jovie Qultorio <jovie.arczoneprof@gmail.com>

To: Department of Education Regional Office III <region3@deped.gov.ph>

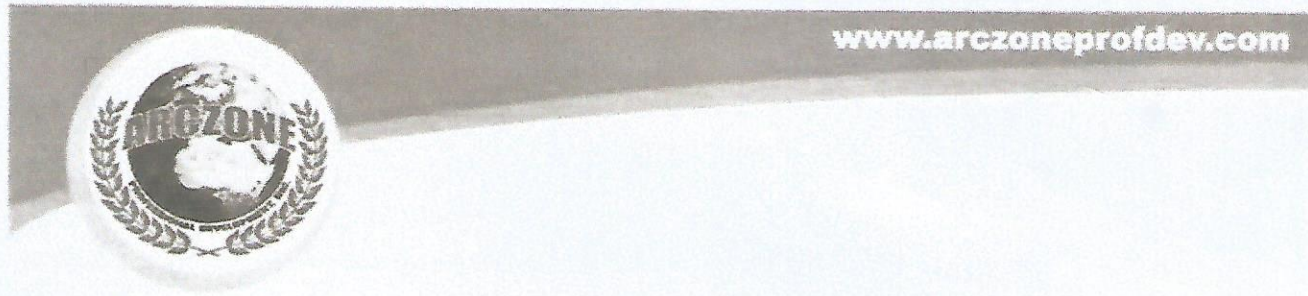
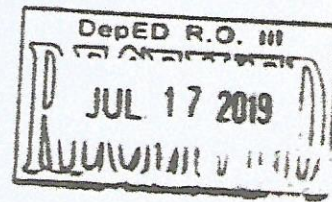
Wed, Jul 17, 2019 at 10:18 AM

Good day!

Please find the invitation letter below.

Thank you and GOD Bless!

Ms. Jing Arevalo



Dr. Nicholas T. Capulong
Regional Director
Maimpis City of San Fernando, Pampanga

Dear Dr. Capulong:

Republic Act No. 11036 otherwise known as **Mental Health Law** (June 20, 2018) stipulates in Sec. 2 that the state affirms basic right of all Filipinos to mental health as well as the fundamental rights of people who require mental health services. In this regard, Sec. 23 promotes the integration of mental health into the educational system such that the state shall ensure the integration of mental health into the educational system -age- appropriate content pertaining to mental health shall be integrated into the curriculum at all educational levels.

Further, Sec. 24 states that educational institutions such as schools, colleges, universities and technical schools shall develop policies and programs for students, educators and other employees designed to: raise awareness on mental health issues, identify and provide support and services for individuals at risk, and facilitate access, including referral mechanisms of individuals with mental health conditions to treatment and psychosocial support. All public and private institutions shall be required to have a complement of mental health professionals.

In this regard, the proposed seminar-workshop will allow teachers, counselors and school staff to be aware of their inherent responsibilities in promoting mental health as the primary carers of the holistic development of the students. Given the increasing number of mental health concerns of students nowadays, teachers, counsellors, homeroom advisers and school staff are being tapped in assisting the students in addressing their mental health concerns nonetheless of the insufficient number of trained professionals as well as limited capacities of handling these concerns. The topics shall discuss the context of mental health in schools, roles of teachers in the promotion and the latest trends in handling students' mental health issues in the local and foreign settings.

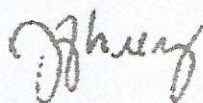
Committed in raising awareness of and promoting mental health at all levels of education, ARCZONE would like to request for your support to this seminar-workshop. We hope that you will help us motivate the participants from your region to avail the program. We also would like to emphasize that **ARCZONE Professional Development, Inc.** has been accredited by the Philippine Regulations Commission (PRC) as a Continuing Professional Development (CPD) Provider. The CPD unit for this program is equivalent to 12 CPD Units.

Attached are the details of the seminar-workshop. We look forward to working with you in providing high quality professional development to our educators, counselors, and staff.

If you need further information, do not hesitate to contact us:

Thank you very much.

Sincerely yours,



Ms. Jesusa Flores
Training Coordinator

A 3-Day National Seminar Workshop on *Addressing Mental Health Issues in the School Setting* (Live-out seminar)

PAMPANGA

Dates: August 9, 10 & 11, 2019

Venue: SOCIAL ACTION CENTER OF PAMPANGA, INC., Maimpis, City of San Fernando
2000, Pampanga

Target participants: School Administrator, Mid-level School Managers, Guidance
Counsellors, Homeroom Advisers and Teachers

Registration fee: Php 3,900 (inclusive of snacks, lunches, seminar kits, hand-outs and a
certificate)

TAGAYTAY

Dates: August 30-31 & September 1, 2019

Venue: DAP Conference Center, Brgy. Sungay East, Tagaytay City

Target participants: School Administrator, Mid-level School Managers, Guidance
Counsellors, Homeroom Advisers and Teachers

Registration fee: Php 4,500 (inclusive of snacks, lunches, seminar kits, hand-outs and a
certificate)

Program of Activities

Time	Day 1	Day 2	Day 3
07:30 – 08:30	Registration		
08:30 – 09:00	Opening Program		
09:00 – 10:00	Introduction to Mental Health	Mental Health in Context: Stress and Anxiety	Navigation through Mental Health Problems
10:00 – 10:15	BREAK		
10:15 – 12:00	Mental Health First Aid	Mental Health in Context: Depression	Why should well-being taught on schools?

1:00	LUNCH		
02:30	Basic Counselling Skills	Mental Health in Context: Suicidality / Psychological Assessment of Mental Health	Increasing well-being through Positive Psychology
02:30 – 02:45	BREAK		
02:45 – 04:30	...Continuation	...Continuation	...Continuation
04:30 – 05:00			Closing Program / Awarding of Certificates

DON'T MISS THE CHANCE!

TAKE ADVANTAGE OF THE EXPERTISE OF OUR SPEAKERS:

Adelaida C. Gines, Ph.D., RGC, RPsy

- President, Philippine Guidance & Counseling Association, Inc.

Carlo Magno, Ph.D

- Consultant, Asian Psychological Services and Assessment (APSA)

- Member, Psychological Association of the Philippines

Gabriel Sebastian N. Lizada, Rpm, Mcouns

- Certified Mental Health First Aider

- Mental Health Practitioner for the Center of Psychological Extension and Research Services (COPERS)

Therese R. Amita Dela Cruz, MA, RGC

- Testing Unit Head, Asian Psychological Services and Assessment (APSA)

Hector M. Perez, Ph.D. RPsy, Rpm

- Clinical and Assessment Psychologist

- Board Member, Psychological Association of the Philippines

- Member, Philippine Mental Health Association



**Civil Service Commission (CSC) as a
Learning and Development Institution**



**Professional Regulation Commission (PRC)
as CPD Provider**

CLICK IMAGE BELOW TO RESERVE SLOT!

----- **REPLY SLIP** -----

Reservation is REQUIRED. Please send this slip or contact the secretariat for reservation. You may use a separate sheet.)

Name of Participant (s)

Contact Numbers

Company Name and Contact Number (s): _____



Tel. Nos.: (02) 414 7589 | 781-6895
Fax No.: (02) 414 6737
Mobile No.: 0921 576 1676 | 0905 447 3534
Email: arczone_eduphil@yahoo.com

5 attachments



Civil Service Commission (CSC) as a
Learning and Development Institution

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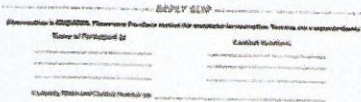


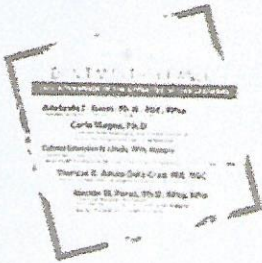
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Professional Regulation Commission (PRC)
as CPD Provider

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