



Department of Education  
Region III  
**DIVISION OF CITY SCHOOLS**  
Angeles City



Jesus Street, Pulungbulu, Angeles City  
Tel. Nos. (045) 322-5722; (045) 322 4101/Fax Nos. (045) 322-4702;

**DIVISION ADVISORY**

No. 136, s. 2018

To: Public Junior and Senior High Schools  
From: Schools Division Superintendent  
Subject: **Ripple Camp 2018 (With the Theme: Empowering the Youth, Creating Leaders and Championing the Health)**  
Date: September 5, 2018

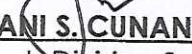
**RELEASED**

SEP 05 2018

By \_\_\_\_\_  
DepED Angeles City  
Division of City Schools

---

Please be informed of the attached Advisory No. 353 s. 2018, dated September 3, 2018, entitled "**Ripple Camp 2018 (With the Theme: Empowering the Youth, Creating Leaders and Championing the Health)**", for your reference and information.

  
**LEILANI S. CUNANAN, CESO VI**  
Schools Division Superintendent



Republic of the Philippines  
**DEPARTMENT OF EDUCATION**  
**REGION III**

Matalino St., D.M. Government Center, Mairapis, City of San Fernando (P)  
Website: [www.deped.gov.ph/regions/region-iii](http://www.deped.gov.ph/regions/region-iii) \* Email: [region3@deped.gov.ph](mailto:region3@deped.gov.ph)  
Telephone Numbers: (045) 598-8580 to 89 local 102 and 103



SEPTEMBER 3, 2018

**ADVISORY**

No. 353 s. 2018


TO : SCHOOLS DIVISION SUPERINTENDENTS

FROM : THE REGIONAL DIRECTOR

SUBJECT : **ASSIST IN IDENTIFYING SCHOOLS AND PARTICIPANTS, PROVIDE  
CONSENT FORMS TO THE STUDENTS AND INVITE REPRESENTATIVES  
PER PROVINCE FOR INSPIRATIONAL AND CLOSING MESSAGES  
FOR RIPPLE CAMP 2018 (WITH THE THEME: EMPOWERING  
THE YOUTH, CREATING LEADERS, AND CHAMPIONING HEALTH)**

Attached is a letter of CESAR CASSION, MD, MPH, CESE, Director IV, DOH RO III re: RIPPLE CAMP 2018 ( WITH THE THEME: EMPOWERING THE YOUTH, CREATING LEADERS, AND CHAMPIONING HEALTH) which covers the 7 provinces in Central Luzon.

For information and guidance."

  
**BEATRIZ G. TORNO, Ph.D., CESO IV**  
Regional Director

GLAD/essd8



Republic of the Philippines  
**REGIONAL OFFICE III**

DEPARTMENT OF HEALTH  
City of San Fernando, Pampanga  
www.ro3.doh.gov.ph

8/24/18

**Vision:**

August 24, 2018

*A healthy and  
responsive community  
in Central Luzon.*

**Mission:**

*-to ensure effective  
delivery of quality  
affordable, accessible,  
equitable, and  
sustainable health  
services*

*-to develop, organize  
and mobilize  
stakeholders for  
health; and*

*-to foster  
collaboration,  
partnership and  
linkages with GOs  
and NGOs for the  
people of Central  
Luzon especially the  
poor, disadvantaged  
& marginalized.*

**Core Values:**

*Integrity  
Excellence  
Commitment  
Compassion  
Professionalism  
Stewardship  
Teamwork*

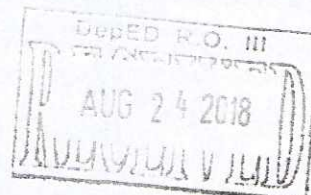
**Philippine  
Health Agenda  
Goals**

*Financial Protection*

*Better Health  
Outcomes*

*Responsiveness*

**BEATRIZ G. TORNO, PhD, CESO IV**  
Regional Director  
Department of Education – Regional Office III  
Brgy. Maimpis, City of San Fernando, Pampanga



**Attention: Dr. Gladys Bengco**  
Medical Officer IV

Dear Director Torno,

Greetings!

Adolescent Mental Health is indeed critical in the promotion of a health responsive young population, gearing towards a healthier community and generation. Confronted with a number of issues, this life stage calls for guidance and public health interventions, that truly encourages strong involvement and participation of the service recipients.

Hence, in collaboration with other programs and stakeholders, the Department of Health-Regional Office III will be sponsoring the **RIPPLE CAMP 2018** (with the theme: **Empowering the Youth, Creating Leaders, and Championing Health**) in the seven (7) provinces in Central Luzon with the following schedule:

| PROVINCE    | DATE                  | TARGET VENUE      |
|-------------|-----------------------|-------------------|
| Bataan      | September 05-07, 2018 | La Vista Inland   |
| Aurora      | September 12-14, 2018 | Moreno Lodge      |
| Bulacan     | September 19-21, 2018 | Klir Water Resort |
| Nueva Ecija | September 26-28, 2018 | To be determined  |
| Pampanga    | October 03-05, 2018   | To be determined  |
| Tarlac      | October 10-12, 2018   | To be determined  |
| Zambales    | October 17-19, 2018   | To be determined  |

Hence, considering the mandate and competency of your institution, we would like to partner with you for the aforesaid events in assisting us to identify schools and participants, provide consent forms to the students and invite your representative per province for inspirational and closing messages. Below is the table regarding the agreed number of schools and participants to be invited with the persons from Provincial DOH Offices (PDOHO) and Provincial Health Offices (PHO) to be contacted and coordinated with.





Republic of the Philippines  
**REGIONAL OFFICE III**

DEPARTMENT OF HEALTH  
City of San Fernando, Pampanga  
www.ro3.doh.gov.ph

**Vision:**

*A healthy and responsive community in Central Luzon.*

**Mission:**

*-to ensure effective delivery of quality affordable, accessible, equitable, and sustainable health services*

*-to develop, organize and mobilize stakeholders for health; and*

*-to foster collaboration, partnership and linkages with GOs and NGOs for the people of Central Luzon especially the poor, disadvantaged & marginalized*

**Core Values:**

*Integrity  
Equity  
Commitment  
Compassion  
Professionalism  
Stewardship  
Teamwork*

**Philippine Health Agenda Goals**

*Financial Protection*

*Better Health Outcomes*

*Responsiveness*



| School Divisions  | # of Schools and Participants   | Contact Persons from PDOHO and PHO   |
|---|---|--|
| *Aurora   | 6 pax for 6 schools (5 students, 1 adult each)<br>7 pax for 2 schools (6 students, 1 adult each)<br>8 schools = 50 pax              | Dr. Josefina Alcantara<br>09208519866<br>Ms. Teodora Bihasa<br>09215413703   |
| *Bataan<br>*Balanga City  | 9 pax for 11 schools (8 students, 1 adult each)<br>1 school per municipality<br><br>40 pax for Balanga City (36 students, 4 adults) | Dr. Noel Reyes<br>09295867640<br>Ms. Joanna Marie Malibiran<br>09483663435<br>Mr. Oliver Enriquez<br>09467695859     |
| *Bulacan<br>*Malolos<br>*Meycauayan<br>*CSJDM                           | 25 pax for 4 schools (22 students, 3 adults each)<br>= 100 pax<br>25 per division (4 divisions)                                     | Ms. Elenita Carreon<br>09433688990/<br>Ms. Clarita Alviar<br>09231949227<br>Mr. Bonn Buzz Cabantog<br>09460558289    |
| *Nueva Ecija (Palayan)<br>*Cabanatuan<br>*Muñoz<br>*Gapan<br>*San Jose  | 22 pax for 5 schools (20 students, 2 adults each)<br>= 110 pax<br>22 per division (5 divisions)                                     | Mr. Jonar Angelo Dungca<br>09422006122/<br>Ms. Julieta Bernardo<br>09423119435<br>Dr. Josefina Garcia<br>09175667066 |
| *Pampanga (Porac and Apalit)<br>*Angeles<br>*Mabalacat<br>*San Fernando | 22 pax for 5 schools (20 students, 2 adults each)<br>= 110 pax<br>22 per identified municipalities and divisions                    | Ms. Analisa Lapira<br>09155951597<br>Ms. Kamille Manlutac<br>09434111626   |
| *Tarlac<br>*Tarlac City   | 30 pax for 3 schools (27 students, 3 adults each)<br>= 90 pax<br>3 schools (2 divisions)  | Ms. Liza Ferrer<br>09471559881<br>Mr. Kim Chino David<br>09158738011   |
| *Zambales<br>*Olongapo  | 13 pax for 7 schools (12 students, 1 adult each)<br>= 91 pax<br>7 schools (2 divisions)   | Ms. Lynn De San Agustin<br>09186645169<br>Mr. Christian Antiquera<br>09175708184                                     |



Republic of the Philippines  
**REGIONAL OFFICE III**  
DEPARTMENT OF HEALTH  
City of San Fernando, Pampanga  
www.ro3.doh.gov.ph

***Vision:***

*A healthy and responsive community in Central Luzon.*

***Mission:***

*-to ensure effective delivery of quality affordable, accessible, equitable, and sustainable health services*

*-to develop, organize and mobilize stakeholders for health; and*

*-to foster collaboration, partnership and linkages with GOs and NGOs for the people of Central Luzon especially the poor, disadvantaged & marginalized.*

***Core Values:***

*Integrity  
Excellence  
Commitment  
Compassion  
Professionalism  
Stewardship  
Teamwork*

***Philippine Health Agenda Goals***

*Financial Protection*

*Better Health Outcomes*

*Responsiveness*

This will be a great opportunity and is a deemed strategic approach of promoting the causes of the programs for Adolescent Health and Development Program and Mental Health through the creation of Peer Health Facilitators per province.

Board and lodging will be charged against DOH-RO III sub-allotment funds while transportation and other incidental expenses will be shouldered by the sending agency. Attached herewith is the programme of activities for your reference. For any inquiry and/or confirmation, please feel free to contact Ms. Phoebe Queen Pamintuan (ahd.dohro3@gmail.com) at mobile number 0923-468-0948.

We are hoping for your most appreciated approval in this legacy we would like to trudge.

Very truly yours,

  
**CESAR C. CASSION, MD, MPH, CESE**  
Director IV





Republic of the Philippines  
**REGIONAL OFFICE III**  
 DEPARTMENT OF HEALTH  
 City of San Fernando, Pampanga  
 www.ro3.doh.gov.ph

**Vision:**

*A healthy and responsive community in Central Luzon.*

**Mission:**

*-to ensure effective delivery of quality affordable, accessible, equitable, and sustainable health services*

*-to develop, organize and mobilize stakeholders for health; and*

*-to foster collaboration, partnership and linkages with GOs and NGOs for the people of Central Luzon especially the poor, disadvantaged & marginalized.*

**Core Values:**

*Integrity  
 Excellence  
 Commitment  
 Compassion  
 Professionalism  
 Stewardship  
 Teamwork.*

**Philippine Health Agenda Goals**

*Financial Protection*

*Better Health Outcomes*

*Responsiveness*



| DAY 1                                 |   |                                     |
|---------------------------------------|---|-------------------------------------|
| 08:00 – 09:00 AM                      | Registration  | PDOHO/ PHO                          |
| 09:00 – 09:20 AM                      | Preliminaries<br>- Doxology<br>- National Anthem<br>- Acknowledgement of Participants                                 | PDOHO/ PHO                          |
| 09:20 – 09:30 AM                      | Messages<br>- Welcome<br>- Inspirational  | PHO<br>DepEd                        |
| 09:30 – 09:45 AM                      | Introduction/ Overview to the CAMP  | PDOHO/ PHO<br>Prog. Coord./<br>HEPO |
| 09:45 – 10:45 AM<br>*working AM break | House Rules/Agreements<br>Host Teams (Host Group, Shepherds, Housekeeping)<br>Secret Friend, Freedom Wall, Mood Meter | Balanga City/<br>Peer Faci          |
| 10:45 – 12:00 AM                      | Leveling of Expectation<br>Getting to Know  | Psychosocial<br>Team                |
| 12:00 – 01:00 PM                      | Lunch Break   |                                     |
| 01:00 – 02:00 PM                      | DOH-RO3 Programs<br>- Dengue<br>- MR Td, HPV<br>- Isip Isip before you Unzip (Summary of HYO)                         | PDOHO/ PHO<br>Prog. Coord./<br>HEPO |
| 02:00 – onwards<br>*working PM break  | Topic 1: Peer Facilitators<br>What is a Peer?<br>What is Peer Support?<br>Why a Peer Facilitator Program?             | Balanga City/<br>Peer Faci          |
| 07:00 - onwards                       | Dinner  |                                     |

| DAY 2            |  |                               |
|------------------|--|-------------------------------|
| 07:00 – 08:00 AM | Breakfast  |                               |
| 08:00 – 08:30 AM | Morning Rituals<br>- Exercise<br>- Recapitulation  | Facilitators/<br>Participants |
| 08:30 – 12:00 NN | Depression and Suicide Awareness<br>- Lectures and activities  | Psychosocial<br>Team          |
| 12:00 – 01:00 PM | Lunch Break  |                               |
| 01:00 – onwards  | When a Teen Faces Parenthood<br>- Teenage Pregnancy<br>- Abortion<br>- STI, HIV and AIDS<br>Self-Care Workshop | Psychosocial<br>Team          |
| 07:00 – 09:00 PM | Socials Night  |                               |