



Department of Education
Region III
DIVISION OF CITY SCHOOLS
Angeles City



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DIVISION ADVISORY

No. 216, s. 2018

To: Public and Private Elementary and Secondary Schools

From: Schools Division Superintendent

Subject: **MARTIAL ART-SPORT OF TAEKWONDO**

Date: September 3, 2018

Please be informed of the attached letter from Philippine Taekwondo Union, dated August 31, 2018, entitled **Martial Art-Sport of Taekwondo**, for your reference and information.


LEILANI S. CUNANAN, CESO VI
Schools Division Superintendent



KUKKIWON
WORLD TAEKWONDO HEADQUARTERS





PHILIPPINE TAEKWONDO UNION

NATIONAL HEADQUARTERS No. 97 Cordero St., Brgy. Busilac, Bayombong, Nueva Vizcaya
Regional Headquarters-3, ARMATRAC GYM, DMC bldg., Brgy. Ninoy Aquino, Angeles City
SEC Reg. no. 2016-30277 BIR TIN 499-888-745-000
Email: philippinetaekwondounion@gmail.com



August 31, 2018

Leilani S. Cunanan, CESO IV
Schools Division Superintendent
DEPED Division of Angeles City
ATTENTION:

Edgar L. Manabat
EPS 1-Division Sports Coordinator
Angeles City



Madame,

Greetings!

Herewith is our proposal in conducting a Basic Training in Coaching, Officiating and Competition Management in the Martial Art-Sport of Taekwondo to Department of Education Faculty and personnel who are interested and enthusiast in the said sport.

We are the officers and members of the Philippine Taekwondo Union, who are willing to give assistance and share our knowledge in Coaching, Officiating and Competition Management in institutions such as the DEPED, so you can properly run and manage your Taekwondo competitions.

If there are questions or clarifications regarding this activity, we are will to visit your office for an appointment.

Thank you very much and God bless.

Respectfully yours,

Mr. Arnold G. Aguas
National Instructor/ 3rd Class International Referee
Board of Trustee-Philippine Taekwondo Union
Contact no. 0935-720-6935

Noted:

Master Francis T. Arceo
National/President/Master-Philippine Taekwondo Union
Certified International Taekwondo Instructor
2nd Class International Referee



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BASIC TRAINING FOR TEACHERS IN COACHING, OFFICIATING AND COMPETITION MANAGEMENT FOR MARTIAL ART-SPORT OF TAEKWONDO

I Background and Rationale

Taekwondo is one among the sports activity which has been actively played in the Department of Education during the lower meet or Intramural Meet to the highest meet of the nation or the Palarong Pambansa, and played in both elementary and secondary level. Contrary to some doubts and fears that this daring body contact sport may cause harm to the player, the truth is that, it is played with the use of protective gears and guided by the principle of pro player through a well-crafted ground rules following the World Taekwondo (WT) (*formerly World Taekwondo Federation/ WTF*) and World Children Taekwondo Union (WCTU) rules initiated/implemented by a well-trained coaches/trainers and officiating officials thereby making taekwondo sports safe for players. However, even after having known that this sports activity is safe and players are protected, it is still important that coaches, trainers, chaperones, officiating officials and including parents must be equipped with the necessary knowledge, skills and attitude to better help the taekwondo player perform better and build confidence to go for a win and play fairly and squarely.

It is for a fact that a good number of learners in the province, who are taekwondo enthusiasts, and through their private capacity and support of parents are able to pay for their trainings by certified instructors joined in the competitions in Taekwondo conducted by the Department of Education and emerged winners in lower competitions and even went as far as representing the province to competitions to the CLRAA and Palarong Pambansa.

However it has been observed that these taekwondo players are often times endorsed to coaches and chaperons who are untrained in handling them. These Teachers turned outcoaches and chaperons are chosen because the taekwondo player is enrolled in the same schools and these Teacher turned out coaches or chaperons overnight are often times the Sport coordinator or MAPEH Teachers or is the only available personnel in the school and never underwent training and therefore tantamount to mishandle the training and activities of the player.

It is for this reason that the proponent offers a training to all DepEd Teachers who are MAPEH, PESS Coordinators, Sports Coordinators, Coaches and Chaperons and non- MAPEH Majors who are sports enthusiast and are willing to undergo seminar-workshop in taekwondo sport.



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II Training Objectives and Expected Outcomes:

This training aims to:

1. capacitate the participants on the required Knowledge and basic skills in Taekwondo, from Coaching, Officiating and Competition Management.
2. train the participants in proper handling of players during training and competitions
3. ensure that correct attitude and behavior in coaching and mentoring is performed.
4. ascertain that participants can perform the correct basic techniques and strategies of Taekwondo

III Target Participants:

This Training aims to train all interested Taekwondo enthusiasts from Elementary level to the secondary level in both public and private schools who are MAPEH Teachers, PESS Coordinators, interested Teachers or those who are Taekwondo enthusiasts.

IV Methodology

This training workshop will be conducted for three (3) days. The participants will be identified earlier and a pre-registration will be done. Profiling among the participants will be conducted according to experience as coach or chaperon. The intensity of the training needed will be based on the profile conducted.

The first day and all the days that follows will consists of orientation and all sessions that will follow will involve topics for lectures and discussions, demonstrations by instructor and return demonstration by the participants. The psychology of coaching and mentoring, skill of preparing a training schedule and game plan for the players or ramification, parents involvement will be among the topics to be discussed apart from the leadership and management skills,

Instructors of this training are Licensed International Taekwondo Instructors, International Referees and National Referees.

A Certificate of Participation/Completion will be distributed to participants who completes the whole duration of the training program and exemplified the required skills.



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V. Philosophy

Taekwondo Martial Art depends on physical conditioning and mental alertness. It is important to remember that physical and mental attributes are inseparable factors in the training program, hence learning Taekwondo martial arts is necessary for individual to learn and know. It is asset for self-defense and physical posture that will encourage every individual to get away from illegal activities. Also, it is obvious that a healthy body makes every individuals active and powerful as well as beneficial to their families, neighbors and the country as a whole.

Note: Training Matrix, Credentials and other details will be available upon request.

Prepared by:


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Dupax Del Norte, Nueva Vizcaya, R-2

Vice President, Philippine Taekwondo Union

National Instructor/ Referee

Noted:


Master Francis E. Arceo

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