



**Department of Education**  
Region III  
**DIVISION OF ANGELES CITY**  
Jesus Street, Pulungbulu, Angeles City



Tel. No. (045) 322-5722; 322-4702/Fax Nos. (045) 322-4106  
email address: [angeles.city@deped.gov.ph](mailto:angeles.city@deped.gov.ph)

**DIVISION ADVISORY**

No. 50, s. 2018

**To:** School Health and Nutrition Personnel  
**From:** Schools Division Superintendent  
**Subject:** Philippine Society of Nutritionist-Dieticians, Inc. (PSND) Annual Convention  
**Date:** June 21, 2018

**RELEASED**

JUN 25 2018

By                       
DepED Angeles City  
Division of City Schools

This is to inform all concerned that the Philippine Society of Nutritionist-Dieticians, Inc. (PSND) will conduct its Annual Convention with the theme "Adding More Life to Years: An Integrative Approach to NCD Prevention" on September 19-20, 2018 at the Diamond Hotel Manila.

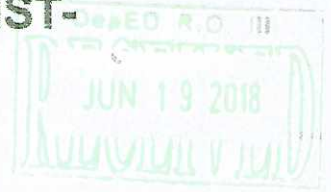
Attached is a letter from Ms. Natalie V. Pulvinar, RND, President, PSND, Inc. 2017-2018, for reference and information.

  
**LEILANI S. CUNANAN, CESO VI**  
Schools Division Superintendent



# PHILIPPINE SOCIETY OF NUTRITIONIST-DIETITIANS (PSND), INC.

c/o Unit M Building 1 0853 A(9) B. Vizcarra St. Malibay, Pasay City  
psndsecretariat@gmail.com | +639-652735099



## PROFESSIONALISM

## FELLOWSHIP

## SERVICE

### BOARD OF TRUSTEES 2017-2018

#### OFFICERS

**NATALIE V. PULVINAR**  
*President*

**ANNA TERESA O. ORILLO**  
*Vice-President*

**LEAH M. FELISMINO**  
*Secretary*

**ABIGAIL A. PABRO**  
*Assistant Secretary*

**FREDERICH CHRISTIAN TAN**  
*Treasurer*

**LUZ FELICIDAD S. CALLANTA**  
*Assistant Treasurer*

**MANELIE V. CRUZ-TAN**  
**DIVORAH V. AGUILA**  
*Public Relations Officers*

**ELLEN RUTH F. ABELLA**  
**DONNABELLE FAYE I. NAVARRETE**  
*Auditors*

#### MEMBERS:

**RIZA G. ABILGOS-RAMOS**

**LEILA S. AFRICA**

**JULIUS CESAR P. ALEJANDRE**

**MA. KATRINA A. DEMETRIO**

**DANIEL G. SALUNGA**

**ANGELINA R. BUSTOS**  
*Ex-Officio Member*

#### ADVISERS

**CORAZON VC. BARBA**

**ANA MARIA B. ROSALDO**

#### Vision:

A vital partner in ensuring food and nutrition security in the country.

#### Mission:

Advance and strengthen the competencies of nutrition and dietetics professionals through scientific nutrition education in responding to public issues and nutrition concerns.

18 June 2018

**MR. MALCOLM S. GARMA**

OIC- Regional Director

DepEd – Region III

Maimpis, City of San Fernando, Pampanga

Dear Director Garma:

Greetings from the Philippine Society of Nutritionist-Dietitians, Inc. (PSND)!

Every year, the PSND organizes its Annual Convention to serve as venue for its members, local chief executives, health/nutrition workers and development planning officers to update and upgrade their knowledge and renew their commitment to nutrition and dietetics.

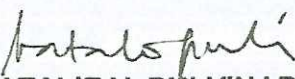
With the theme, "Adding More Life to Years: An Integrative Approach to NCD Prevention", this year's convention calls for relevant stakeholders to plan, invest, and collaborate on ongoing and future efforts to ensure reduction, if not prevention, of non-communicable diseases, which will hopefully lead to improved quality of life of every Filipino. This will be held on 19-20 September 2018 at the Diamond Hotel Manila

In this regard, we are inviting the Nutritionist-Dietitians and allied professionals of the Department of Education to attend and participate in the said activity. Attached is the tentative program and a short description of the event for your reference and guidance together with the registration procedure.

Should you have any question regarding the requests, you may contact **Ms. Abigail Pabro** through this email [psndsecretariat@gmail.com](mailto:psndsecretariat@gmail.com) or mobile number: +639971608539.

Thank you for your continued support to the development and enrichment of the ND profession in the country.

Sincerely yours,

  
**NATALIE V. PULVINAR, RND**  
President, PSND, Inc. 2017-2018





**Philippine Society of Nutritionist-Dietitians, Inc.**  
 2018 Convention  
 19-20 September 2018. Metro Manila

*Adding More Life to Years.*  
**An Integrative Approach to NCD Prevention**

The Triple Burden of Disease, among them is collectively known as non-communicable disease or NCD, has largely caused premature deaths in the Philippines over the past decade. Hypertension, diabetes, and cancer have become alarmingly prevalent due to genetic predisposition, poor maternal health, misguided food choice, and lifestyle-related factors. The vicious cycle of malnutrition, widespread consumption of empty-calorie foods, and sedentary lifestyle have been attributed to the occurrence of NCDs across countries and age groups. In one way or another, we are all equally predisposed to these risk factors. While we are combining our best efforts to move towards the attainment of SDG 3 targets by 2030 as a nation, we also deeply share your passion for improved quality of life.

**Tentative Program**

Day/Time	Activity/Topic
<b>DAY 1 – September 19, 2018 (Wednesday)</b>	
7:00 AM	Registration
7:30 AM	Opening of Exhibits
<b>Opening Ceremony</b> Master of Ceremony: PSND Board Member	
8:00 AM	Doxology National Anthem Welcome and Opening Remarks Acknowledgement of Participants Introduction of Keynote Speakers
8:30 AM	SDG 3: Ensuring Healthy Lives and Promoting Wellbeing for All at All Ages
9:30 AM	State-of-the-Art Perspectives on NCD: Types, Prevalence, and its Developmental Origins (DOHaD)
<b>Technical Session 1: Understanding the Role of Food and Nutrition in the Prevention of NCDs</b> Moderator: PSND Board Member	
10:30 AM	The Link between Food, Nutrition, and NCDs
11:00 AM	NCD's Detrimental Mark on Our Gene Pool
11:30 AM	<b>Open Forum</b>
11:45 AM	<b>Introduction of Nominees for the PSND Board of Directors</b>
12:00 PM	<b>Luncheon Symposium</b>
1:00 PM	The Bittersweet Truth about the Glycemic Impact of the Food We Eat
1:30 PM	Implications of Quick Fix Diets and Supplements at the Cellular Level



Day/Time	Activity/Topic
2:00 PM	Open Forum
<b>Technical Session 2. Engaging the Community and Stakeholders in Promoting a Healthy Lifestyle</b> Moderator: PSND Board Member	
2:30 PM	<i>Panel Discussion</i> Public Awareness Campaigns to Prevent Obesity and NCDs <ol style="list-style-type: none"> <li>1. Food-based Dietary Guidelines</li> <li>2. Physical Activity</li> <li>3. Stress Management and Mental Health</li> </ol>
3:30 PM	A Behavioral Approach to Addressing NCD Risk Factors
4:00 PM	Open Forum
4:30 PM	PSND Business Meeting
<b>DAY 2 – September 20, 2018 (Thursday)</b> <i>Master of Ceremony: PSND Board</i>	
8:00 AM	Summary of Day 1
<b>Technical Session 3. Mindful Food Consumption is Key</b> Moderator: PSND Board	
9:00 AM	Do School Canteens Help Our Children Make the Right Food Choices?
9:30 AM	Meal Plans at Your Doorstep: The Story Behind Personalized Meal Boxes
10:00 AM	An Eye for Detail: Protecting Consumers through Responsible Food and Beverage Advertising
10:30 AM	Open Forum
11:00 AM	Luncheon Symposium
<b>Technical Session 4. Setting the Pace towards Reduction of Premature Deaths from NCDs</b> Moderator: PSND Board Member	
1:00 PM	Weight Management and Wellness Program at St. Luke's Medical Center
1:30 PM	Championing the Fight Against NCDs through Healthy Lifestyle: A Regional Perspective
2:00 PM	Integrated Non-Communicable Disease Prevention and Control Program: A City Perspective
2:30 PM	Package of Essential Non-Communicable Disease Interventions (PEN)
3:00 PM	Lessons from the NCD Project
3:30 PM	Open Forum
<b>CLOSING CEREMONY</b>	
4:00 PM	Synthesis
	Closing Remarks
4:30 PM	<b>Announcement of New PSND Board of Directors</b> Ms. Natalie Pulvinar



**Philippine Society of Nutritionist-Dietitians, Inc.**  
2018 Convention  
19-20 September 2018. Metro Manila

*Adding More Life to Years:*  
**An Integrative Approach to NCD Prevention**

**Registration Procedures**

**Step 1.** Fill-up the online application form which can be found at  
<http://psndinc.org.ph/convention/>

**Step 2.** Pay the registration fee at Landbank of the Philippines

Account Name: Philippine Society of Nutritionist-Dietitians, Inc.  
Type of Account: Checking  
Account Number: 001822-1044-83  
Account Branch: FTI, Bicutan, Taguig City

**Registration Fees:**

Early registration* (until June 29, 2018):	Php4,500.00
Regular rate:	Php5,500.00
Student rate (undergraduate):	Php4,500.00

*\*50 slots only*

**Step 3.** Upload a picture of the deposit slip at the PSND website and wait for our confirmation email at most 7 days after uploading.

Bring the original deposit slip on **19 September 2018** together with a copy (preferably e-copy) of the confirmation email for issuance of official receipt.