



Department of Education  
Region III  
**DIVISION OF CITY SCHOOLS**  
Angeles City



Jesus Street, Pulungbulo, Angeles City  
Tel. No. (045) 322-5722; 888-0582 / Fax Nos. (045) 322-4702; 625-8912

**DIVISION ADVISORY**

No. 67 S. 2016

**RELEASED**

JUL 19 / 2016

By   
DepED Angeles City  
Division of City Schools


TO : All Public and Private Elementary and Secondary Schools

FROM : **MA. CELINA L. VEGA**  
Officer-In-Charge  
Office of the Assistant Schools Division Superintendent

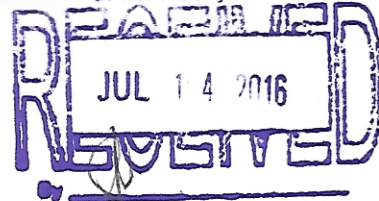
Subject : **Live-in National Training and Workshop for MAPEH**

Date : July 18, 2016

- 
1. Attached is DepEd Advisory No. 30 s. 2016, dated February 2, 2016 Re: Live-in National Training and Workshop for Music, Arts, Physical Education and Health (MAPEH) teachers which was originally scheduled last April 1-3, 2016 but postponed to July 29-31, 2016 at V. De Castro Elementary School, Sta. Rita District, Division of Pampanga.
  2. Participants to this activity are MAPEH Coordinators, MSEP/MAPEH teachers, Culture and Arts Coordinators, choreographers, coaches and sports enthusiast from elementary and secondary public and private schools.
  3. Please refer to the attached Advisory for details.
  4. For information and wide dissemination.

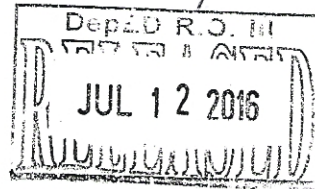
  
**MA. CELINA L. VEGA**  
Officer-in-Charge

OIC-Assistant Schools Division Superintendent



Republic of the Philippines  
**DEPARTMENT OF EDUCATION**  
**REGION III – CENTRAL LUZON**

D. M. Government Center, Maimpis, City of San Fernando, Pampanga  
Website: [www.depedregion3.com](http://www.depedregion3.com) + Email: [region3@deped.gov.ph](mailto:region3@deped.gov.ph)  
Tel. Nos. (045) 455-2309 – 455-2312 – 455-2307



**MEMORANDUM**

To: **ALL SCHOOLS DIVISION SUPERINTENDENTS**  
**Principals/School Heads of Public and Private Schools**

From: **The Office of the Regional Director**

Subject: **Live-in National Training and Workshop for Music, Arts, Physical Education and Health (MAPEH) Teachers**

Date: **July 7, 2016**

Attached is DepEd Advisory No: 30, s. 2016, dated February 2, 2016 Re: Live-in National Training and Workshop for Music, Arts, Physical Education and Health (MAPEH) Teachers, for information.

Attached also is the schedule of activities.

**MALCOLM S. GARMA, CESO V**  
Director III  
Officer-In-Charge  
Office of the Regional Director

ESSD/SPS





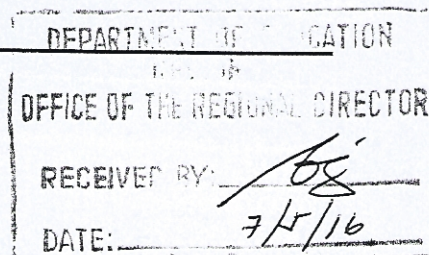
# NATIONAL ASSOCIATION OF PHYSICAL EDUCATORS

## A.T. Ancheta Enterprises

54 National Road, Muntinlupa City  
Mobile Number: 09294607896/09154033363  
Email: drlitoancheta1234@yahoo.com



For : **Dir. MALCOLM S. GARMA**  
Regional Director  
Department of Education  
Regional Office No. 111 (Central Luzon)



**Thru: The MAPEH Regional Supervisor and  
The Schools Division Superintendents**

From : **DR. LITO T. ANCHETA**  
President/Training Director  
National Association of Physical Educators

Subject : As Stated  
Date : July 4, 2016

In line with the advocacy of National Association of Physical Educators (NAPE) in cooperation with the Department of Education will be conducting a **Live-in National Training and Workshop for Music, Art, Physical Education and Health (MAPEH) Teachers** (Exclusive for Region 111 only) which was originally scheduled last April 1-3, 2016 but postponed to July 29-31, 2016 (Friday-Sunday). Proposed venue is V. DE CASTRO ELEMENTARY SCHOOL Covered Court, Sta. Rita District, Division of Pampanga.

Registration fee of One Thousand Two Hundred Pesos (Php 1,200.00) shall be charged in each participant to defray kit, certificate (participation and appearance), professional fee, transportation allowance, hotel accommodation of the resource speakers and other incidental expenses concerning the activity charge against school's MOOE/local funds subject to usual accounting and auditing rules and regulations.

Participants to this activity are MAPEH Supervisors/coordinators, Principals/school heads, MSEP/MAPEH teachers, Culture and Arts Coordinators, choreographers, coaches and sports enthusiasts from elementary and secondary public and private. This is open to all interested teachers.

Further, please endorse this national training to all Schools Division Superintendents of Region 111 for the participants to attend this national activity.

Attached please see the letter to Usec. Rizalino T. Rivera, Usec for Governance Operations, Usec. Dina S. Ocampo, Usec. for Programs and Projects, copy of DepEd Advisory No. 30, s. 2016, schedule of activities and list of the resource speakers.

Thank you so much for the immediate action and support and may God bless you and your loved ones.

Cc/  
DepEd Central Office  
DepEd Regional Office  
File





# NATIONAL ASSOCIATION OF PHYSICAL EDUCATORS

**A.T. Ancheta Enterprises**

54 National Road, Muntinlupa City  
Mobile Number: 09294607896/09154033363  
Email: drlitoancheta1234@yahoo.com



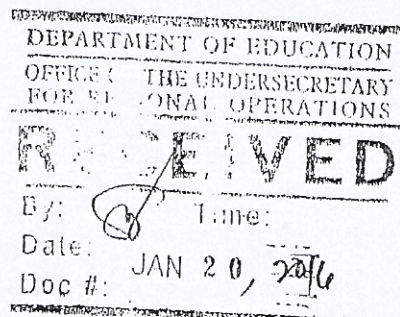
January 19, 2016

**Usec. RIZALINO D. RIVERA**

Undersecretary for Governance and Operations  
Department of Education

**Usec. DINA S. OCAMPO**

Undersecretary for Programs & Projects  
Department of Education



Dear Usec. Rivera & Usec. Ocampo,

In line with the advocacy of the National Association of Physical Educators (NAPE) in cooperation with A. T. Ancheta Enterprises please allow us to conduct a **National Training and Workshop for MAPEH Teachers of the National Association of Physical Educators** with the following dates and corresponding venues:

February 26-28, 2016

Visayas (Region V111 Eastern Visayas)

April 1-3, 2016

Luzon

April 22-24, 2016

Mindanao (Region XI Davao City)

The activity aims to:

- **participate** in professional discussion on varied issues and training, which concerns Physical Education in the country;
- **converge** with physical educators and other teachers of subject areas like Music, Health, Arts, Dance and Sports throughout the country and partnership and wide networks of physical educators in response to the K-12 program of DepEd;
- **share** experience, information, and expertise to further achieve developments in the intellectual capital among physical educators involved in the promotion and development in the training and;
- **establish** a solid and united organization of physical educators or a confederation of various activities.

Registration fee of Two Thousand Two Hundred Pesos (Php 2,200.00) shall be charged in each participant to defray meals (Three 3 lunch and 6 snacks), souvenir T-shirt, kit and certificate (participation and appearance), professional fee, transportation allowance, hotel accommodation of the resource speakers and other incidental expenses concerning the activity charge against school's MOOE and other local funds subject to proper accounting and auditing rules and regulations.

Participants to this activity are Supervisors/ Principals/School Heads, MAPEH teachers, Culture and Arts Coordinators, coaches, choreographers, sports and dance enthusiasts. This is open to all teachers elementary and secondary public and private.

Further, may I ask your generous support for a DepEd Advisory as well as Memorandum to all Regional Directors to be disseminated in the field for the interested individuals may join the fruitful national activity.

Thanking you in advance and looking forward to our fruitful partnership on this national activity.

Truly yours,

**DR. LITO T. ANCHETA**  
President/Training Director



DepEd Advisory No. 30, s. 2016

February 2, 2016

In compliance with DepEd Order No. 8, s. 2013  
this Advisory is issued for the information of DepEd officials,  
personnel/staff, as well as the concerned public.

(Visit [www.deped.gov.ph](http://www.deped.gov.ph).)

## 2016 ACTIVITIES OF THE NATIONAL ASSOCIATION OF PHYSICAL EDUCATORS (NAPE)

The National Association of Physical Educators (NAPE), in cooperation with A. T. Ancheta Enterprises will conduct its 2016 activities on the following dates with corresponding venues:

Activity	Date and Venue	Participant	Aim
National Training and Workshop for MAPEH [Music, Arts, Physical Education and Health] Teachers	March 29-31, 2016 Visayas (Region VIII-Eastern Visayas)	Supervisors, schools principals/heads, MAPEH teachers, Culture and Arts coordinators, coaches, choreographers, sports and dance enthusiasts from both public and private elementary and secondary schools	<ul style="list-style-type: none"> <li>To allow the participants to participate in professional discussion on varied issues and training, which concerns Physical Education in the country</li> <li>To converge with physical educators and other teachers of subject areas like Music, Health, Arts, Dance and Sports throughout the country and engage them in partnership and wide networks of physical educators in response to the K to 12 Program</li> </ul>
	April 1-3, 2016 Luzon		
	April 22-24, 2016 Mindanao (Region XI-Davao City)		
First National Congress and Training for School Administrators/ School Heads in Sports and Dance (Live-in)	April 18-21, 2016 Iloilo National High School Gymnasium (Region VI-La Paz, Iloilo City)	Supervisors, school principals/heads, MAPEH/PESS [Physical Education and School Sport] supervisors/ coordinators, Culture and Arts coordinators, coaches, and dance enthusiasts	<ul style="list-style-type: none"> <li>To involve the participants in professional discussion on varied issues and training concerning PESS</li> <li>To share with their co-participants the experience, information, and expertise to further achieve developments in the intellectual capital among school administrators/ schools heads involved in the promotion and development in the training</li> </ul>

More information may be inquired from Dr. Lito T. Ancheta, President and Training Director, National Association of Physical Educators (NAPE), A. T. Ancheta Enterprises, 54 National Road, Muntinlupa City at mobile phone nos. 0929-460-7896; 0915-403-3363 or through email: [drilitoancheta1234@yahoo.com](mailto:drilitoancheta1234@yahoo.com).



## SCHEDULE OF ACTIVITIES

### Day - 1

#### Morning Session

6:30 - 9:00	:	General Registration
9:00 - 10:00	:	Opening Ceremony
10:00 - 12:00	:	Lecture on Stress Management
12:00 - 1:00	:	Lunch Break

#### Afternoon Session

1:00 - 5:00	:	Sports Science (Bio- Mechanics)-Body Management/Movement, Movement Skills, Locomotor & Non- Locomotor (K-12 Approach) Physical Education on the go.....
-------------	---	---

#### Evening Session

7:00 - onwards	:	Folk dances (Film Viewing, Teaching of Dance with Group work) (Binislakan, Subli, Carinosa and Indigenous dances)
----------------	---	---

### Day - 2

#### Morning Session

7:30 - 8:30	:	Dance Aerobics/Physical Fitness and Wellness
9:00 - 5:00	:	Series of lectures (with application) of field of specialization (separate session)

#### MUSIC

- a. Rudiments of Music
- b. Basic Conducting
- c. Phil/Asian Music

#### ART

- a. Painting/Drawing
- b. Tie Dye/Rangoli Art
- c. Theater Arts

#### SPORTS

- a. Basic in Coaching
- b. Sports Psychology
- c. Sports Management

#### Evening Session

6:00 - onwards	:	Basic Choreography (Contemporary) Ballroom/Social Dances
----------------	---	--

### Day - 3

#### Morning Session

8:00 - 10:00	:	Health Education: Nutrition, Family Health and Growth and Development
10:00 - 12:00	:	Curriculum in MAPEH (K-12 Approach)
12:00 - 1:00	:	Lunch Break
1:00 - 3:00	:	Continuation Curr in MAPEH....
3:00 - 5:00	:	CLOSING CEREMONY

Note: Participants should bring the following:

1. PE/dancing outfit
2. Small native hut for girls
3. Bedding paraphernalia
4. Art materials (1/8 illustration board, pentel pen, pencil, glue, glitters 5 diff colors, venus dye 5 diff colors, white T-shirt, 1 pouch vinegar, yarn (tie) & 1 bottle mineral water.



## THE LECTURERS/RESOURCE SPEAKERS

1. Prof. Salome S. Corpuz : Writer, Special Program for Sports  
Easy & Affordable Secondary Educ. Program  
Understanding by Design: An Approach  
K – 12 Grade 7, 8, 9, 10 & Open High School Curriculum  
Expert in Humanities (Audio Visual Education)  
DepEd, National Capital Region
2. Dr. Drolly P. Claravall : Sport Psychologist/Sports Medicine Specialist, PATAFA  
Regional Director, Region 11 Cagayan Valley/ Professor  
Isabela State University, Ilagan, Isabela.
3. Dr. Ernesto T. Sanchez : Music Specialist & Lecturer Local/International Level  
National Capital Region
4. Mr. Claro A. Gravoso : Music Specialist/Director & Composer  
STEPTI, Tacloban City
5. Dr. Lito T. Ancheta : Sport Psychologist/Science, Dance Specialist/Artistic  
Director & Choreographer  
National Capital Region, RQUAT-CHED
6. Dr. Senen Jude Javier Ruetas : Sports Director/Specialist  
Eastern Visayas State University, Tacloban City
7. Dr. Marlon E. Lora : Sports Specialist  
Eastern Visayas State University, Tacloban City



# NATIONAL ASSOCIATION OF PHYSICAL EDUCATORS

54 National Road, Muntinlupa City  
Mobile Number: 09294607896/09154033363  
Email: drlitoancheta1234@yahoo.com



## NATIONAL ASSOCIATION OF PHYSICAL EDUCATORS (NAPE) OFFICERS AND BOARD OF DIRECTORS

President	Dr. Adelito T. Ancheta	Muntinlupa City	NCR
Vice President	Dr. Salome S. Corpuz	Muntinlupa City	NCR
Secretary	Jennet L. Almeda	Samar	Region V111
Treasurer	Owen E. Ecalne	Samar	Region V111
Auditors	Jimmy Murillo	Batangas	Region 1V-A
	Raymond M. Anselmo	Valenzuela City	NCR
PIO	Nympha J. Oquino	Samar	Region V111
Bus. Mgr.	Calixto D. Gravoso	Samar	Region V111

## BOARD OF DIRECTORS

Region 1	Maria A. Lacsamana	La union	DepEd
Region 11	Manuel A. Bautista, Jr. 11	Nueva Vizcaya	DepEd
Region 111	Nestor M. Londerio	Cabanatuan City	DepEd
Region 1V-A	Soledad P. Macandili	Tanauan City	DepEd
Region 1V-B	Felipe Arquiza	Palawan	DepEd
Region V	Rufino C. Arellano	Masbate City	DepEd
Region V1	Mark Anthony C. Cachero	Iloilo	DepEd
Region V11	Nena C. Booc	Cebu	DepEd
Region V111	Helen C. Delmo	Leyte	DepEd
Region X	Dr. Raymond Antolo	Cagayan de Oro	DepEd
Region X1	Jeselyn De La Cuesta	Davao	DepEd
NCR	Ronaldo B. Lara	Las Pinas City	DepEd
CARAGA	Dr. Paulita Vernal	Surigao del Norte	DepEd
ARMM	Dr. Arnel Agang	Lamitan City	DepEd
Consultants	Dr. Senen Jude Javier Ruetas	Tacloban City	CHED
	Dr. Eloisa C. Ang	Nueva Vizcaya	DepEd
	Dr. Marlon E. Lora	Tacloban City	CHED
Advisers	Dr. Edgar C. Jimena	Iloilo City	CHED
	Dr. Mariza S. Magan	Leyte	DepEd