



Republic of the Philippines  
DEPARTMENT OF EDUCATION



## **K to 12 BASIC EDUCATION CURRICULUM**

**TECHNOLOGY AND LIVELIHOOD EDUCATION**

# **CURRICULUM GUIDE**

**Exploratory Course on**

**HOUSEHOLD SERVICES**

K to 12 TECHNOLOGY AND LIVELIHOOD EDUCATION

**HOME ECONOMICS –HOUSEHOLD SERVICES  
(Exploratory)**

**Curriculum Guide for the Exploratory Course on HOUSEHOLD SERVICES**

For you to get a complete picture of the complete TLE exploratory course on Household Services, you are hereby provided with the Curriculum Guide on Household Services.

Content Standard	Performance Standard	Learning Competencies/ Learning Outcomes	Project/Activities	Assessment	Duration
<b>LESSON 1: USE AND MAINTENANCE OF CLEANING TOOLS AND EQUIPMENT</b>					
<ul style="list-style-type: none"> <li>• Types and Uses of Cleaning Tools, Equipment, Supplies and Materials</li> <li>• Safety Measures in doing household tasks</li> </ul>	<ol style="list-style-type: none"> <li>1. Used appropriate cleaning tools and equipment properly.</li> <li>2. Prepared appropriate supplies and materials for cleaning different areas.</li> <li>3. Followed instructions correctly in handling different tools, equipment, supplies and materials.</li> <li>4. Observed safety measures/ precautions in doing.</li> </ol>	LO1. Use appropriate cleaning tools, equipment, supplies and materials.	<ul style="list-style-type: none"> <li>• Demonstrate the actual usage of cleaning tools, equipment, supplies and materials.</li> <li>• Quick writes on safety measures</li> </ul>	<ul style="list-style-type: none"> <li>• Performance Test</li> <li>• Written Test</li> </ul>	7 hours
<ul style="list-style-type: none"> <li>• Maintenance of Cleaning Equipment               <ul style="list-style-type: none"> <li>- Vacuum cleaner</li> <li>- Floor Polisher</li> </ul> </li> </ul>	<ol style="list-style-type: none"> <li>1. Maintained cleaning equipment properly.</li> </ol>	LO2. Maintain cleaning equipment.	<ul style="list-style-type: none"> <li>• Quick writes on safety measures on performing household tasks</li> </ul>	<ul style="list-style-type: none"> <li>• Written Test</li> </ul>	4 hours

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<b>LESSON 2: PRACTICE OCCUPATIONAL HEALTH AND SAFETY PROCEDURES</b>					
<ul style="list-style-type: none"> <li>Philippine OHS standards</li> </ul>	<ol style="list-style-type: none"> <li>Effects of hazards are determined.</li> <li>OHS issues and concerns are identified in accordance with workplace requirements and relevant workplace OHS legislation.</li> <li>Hazards are identified.</li> </ol>	LO1. Identify/Evaluate hazards and risks.	<ul style="list-style-type: none"> <li>Present and identify the different types of hazards either through pictures or video.</li> </ul>	<ul style="list-style-type: none"> <li>Written Test</li> <li>Situation Analysis</li> </ul>	5 hours
<ul style="list-style-type: none"> <li>Safety Regulations               <ul style="list-style-type: none"> <li>Clean Air Act</li> <li>Waste Management</li> <li>Disaster Preparedness and Management</li> </ul> </li> <li>Contingency measures and procedures               <ul style="list-style-type: none"> <li>Evacuation</li> <li>Isolation</li> <li>Decontamination</li> </ul> </li> </ul>	<ol style="list-style-type: none"> <li>OHS procedures for controlling hazards and risk are strictly followed.</li> <li>Procedures in dealing with workplace accidents, fire and emergencies are followed in accordance with the organization's OHS policies.</li> <li>Procedures in providing appropriate assistance in the event of workplace emergencies are identified in line</li> </ol>	LO2. Control hazards and risks.	<ul style="list-style-type: none"> <li>Learning Environment will be handled by the students through any of the following activities.               <ul style="list-style-type: none"> <li>Slogan and Poster making</li> <li>Resource Speakers</li> <li>Panel Discussion</li> <li>Reporting by</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Written Test</li> <li>Object analysis</li> <li>Performance Test</li> </ul>	8 hours

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<ul style="list-style-type: none"> <li>Personal Protective Equipment (PPE)</li> </ul>	<p>with the established organizational protocol.</p> <p>4. Personal protective equipment (PPE) is correctly used in accordance with organization’s OHS procedures and practices.</p>		<p>students</p> <ul style="list-style-type: none"> <li>- Actual Presentations</li> <li>- Research</li> <li>- Video Presentation</li> </ul>		
<ul style="list-style-type: none"> <li>Operational health and safety procedure, practices and regulation/Emergency-related drills and training             <ul style="list-style-type: none"> <li>- Fire Safety/Fire Drill</li> <li>- Earthquake Drill</li> <li>- First Aid</li> </ul> </li> </ul>	<p>1. Procedures in emergency related drill are strictly followed in line with the established organization guidelines and procedures.</p> <p>2. OHS personal records are filled up in accordance with workplace requirements.</p>	<p>LO3. Maintain occupational health and safety awareness.</p>	<ul style="list-style-type: none"> <li>Conduct actual drills/ trainings/ first aid.</li> </ul>	<ul style="list-style-type: none"> <li>Performance Test</li> <li>Written Test</li> <li>Situation Analysis</li> </ul>	<p>8 hours</p>
<p><b>LESSON 3: MAINTAIN AN EFFECTIVE RELATIONSHIP WITH CLIENTS/ CUSTOMERS</b></p>					
<ul style="list-style-type: none"> <li>Professional Code of Conduct/Ethics of a Household worker</li> <li>Uniform and protective paraphernalia of a Household</li> </ul>	<p>1. Uniform, protective paraphernalia and personal hygiene are maintained according to Code of Conduct/Ethics of a household worker</p> <p>2. Prescribed uniform and protective</p>	<p>LO1. Maintain a professional image.</p>	<p>Keep an up to date data on related matters through the any of the following activities:</p> <ul style="list-style-type: none"> <li>Household Tasks Checklist</li> <li>Reaction Paper after film viewing/ story</li> </ul>	<ul style="list-style-type: none"> <li>Written Test</li> <li>Performance Test</li> </ul>	<p>4 hours</p>

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<ul style="list-style-type: none"> <li>worker</li> <li>Personal Hygiene and Good Grooming</li> </ul>	paraphernalia are worn in accordance with employer/agency standards		viewed or read		
<ul style="list-style-type: none"> <li>Desirable Traits of a Household Worker</li> <li>Duties and Responsibilities of a Household Worker</li> </ul>	<ol style="list-style-type: none"> <li>Satisfactory performance of a household worker is acknowledged based on agency/employer/customer/client feedback.</li> <li>Client is fully informed of all relevant household matters in a timely manner and according to agreed reporting procedures.</li> <li>Duties and responsibilities are accurately identified.</li> <li>Priority assignments are defined according to job description.</li> </ol>	LO2. Build credibility to meet customers/clients requirements.	<ul style="list-style-type: none"> <li>Make a Service Plan based on Content Standard.</li> </ul>	<ul style="list-style-type: none"> <li>Written Test</li> <li>Situation Analysis</li> </ul>	4 hours

“By three methods we may learn wisdom: First, by reflection, which is noblest; second, by imitation, which is easiest; and third by experience, which is the bitterest.”  
- Confucius